North Coast
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of Politics, People and Art

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BREAKDOWN

CALIFORNIA'S JAILS AND PRISONS ARE BECOMING GROUND ZERO IN THE STATE'S MENTAL HEALTH CRISIS

BY JOCELYN WIENER
A REPORT FROM CALMATTERS

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Photo by Héctor Alejandro Arzate

On the Cover
Illustration by Jonathan Webster

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Screaming at Demons

By Jennifer Fumiko Cahill and Thadeus Greenson
editor@northcoastjournal.com

Working in Old Town Eureka, we see California's mental health crisis play out daily: the unshaven man draped in a wet blanket, standing on a street corner talking to himself; the woman with disheveled hair pulling a rolling suitcase and screaming a guttural cry so blood-curdling you'd swear she was being stabbed to death; the man who sits in Clarke Plaza, smoking cigarettes and warning that the CIA is keeping tabs on him.

As this week's cover story attests, this is a statewide issue, though it's visible in just about every town and every neighborhood in Humboldt County. The web of causes is complex and tangled, but it's clear California is in the midst of a mental health crisis, one that intertwines with a drug epidemic and pervasive homelessness. The three issues are often interwoven, their root causes difficult to discern from symptoms.

What this week's cover story ("Breakdown," page 11) and local news piece ("'Heartbreaking,'" page 8) make clear is that the criminal justice system is all too often where these issues come to a head. And that's generally the absolute wrong place, as it means a person's mental health and substance abuse have reached a crisis point. Often, they have victimized another member of our community.

We would all benefit greatly from more robust early intervention at every level. That means more counselors in local schools, ready to work with children with emotional and mental health challenges and keep them engaged in the education system. It means more in-patient treatment beds and options for people with severe mental illness. (Semper-virens is only a stabilization unit, meant to either hand people off to outpatient care or transfer them to a long-term treatment facility, where beds are scarce.) It would mean better drug treatment options, including in-patient care, and a better crisis intervention model — someone besides an armed officer that families and community members could call when a loved one is spiraling into crisis.

But these things cost money. Lots of it. Until we as a local community and a state prioritize creating that robust system, we won't see a substantive change. We might sand off some of the rough edges — as local law enforcement and the public defender's office are trying to do with additional crisis intervention training and the incorporation of counselors into regular operations — but our streets, greenbelts and jail will remain filled with the mentally ill.

We believe there's a moral imperative to care for the ill among us. There is simply no way we can look at that man with the wet blanket or the woman with the rolling suitcase and not see a tortured existence. (And before you go there, if someone chooses a life in Humboldt County's wind and rain, living off whatever they can scrounge, we believe underlying mental health issues guide that choice. After all, most of us prioritize stability, comfort and safety.)

But if you shrug at people with mental illness, thinking they're not your problem, you're also wrong. Mental health and substance abuse have come to dominate our criminal justice system. Not only does that create a trail of victims that could one day lead to someone you love but it also saps resources. Make no mistake, the current model is expensive. And its ripple effects reach the rest of the community: spent syringes littered around town, trash in our green belts, blight in our business districts and officers who are increasingly asked to do more and put in greater jeopardy.

So we urge you to contact your council members and supervisors to insist that this become a priority. Write to state representatives — Assemblymember Jim Wood and Sen. Mike McGuire — and demand they find solutions at the state level, where California has a budget surplus of more than $20 billion. And call our federal elected officals — Representative Jared Huffman and senators Kamala Harris and Dianne Feinstein. A place to start might be demanding a health care system that provides for all and prioritizes mental health care. And work locally to find solutions, even with a single person in your orbit. One thing we know for certain is we can't make a difference if we don't try. Perhaps most importantly, it may mean being willing to pay fees and higher taxes for a healthier community.

Or, of course, you can do nothing. You can keep minding your own, grumbling online about "tweekers" and "crazies." You can refuse to pay one more penny to help those in need. You can dehumanize your neighbors and blame them for the plight you see in your community, wondering why someone doesn't just force them out of town to become someone else's "problem."

This option, however, is the equivalent of standing on an Old Town street corner, screaming at demons that don't exist and expecting it to change the world.

●

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'Good Priests'

Editor:

I just read your article, "Rid me of this Troublesome Priest" (Feb. 7), and I would like to share a few things.

As the director of the HSU Newman Center, I apologize for not being able to get back to the *Journal* before press time.

The acting chaplain, a volunteer deacon from Eureka, a retired priest and I have all spent moments of time, evenings of discussion and homilies addressing the issue of the evil that has infiltrated the church, sadly through the hands of those who should be bringing good and healing. We are very available to the students regarding this painful topic. The Newman Center has an hour of prayer set aside five days a week in atonement for these evils, as well as to pray for our own personal needs and to spend time before our Lord. We have numerous copies of Bishop Vasa's statements available for the college students.

I am sad my beloved Church has been infiltrated with leaders who commit evil but I trust Jesus' words, "The gates of Hell will not prevail against it." Those men are wolves in sheeps' clothing. They have gotten into the fold and led astray and destroyed many. Yet, there are good people in the church doing His work and there are good priests and deacons who are in the church. They are right here in Humboldt County doing Christ's beautiful work of healing, sanctifying and teaching. They are also available to talk with anyone who needs healing from those wolves who have gotten into the Church.

Regina Fosnaugh, Arcata

Editor:

This is a letter of appreciation and support to all of our good, faithful priests and bishops, religious men and women. They sacrifice their lives to serve Jesus Christ amid a climate of bigotry and unbelief; a world incapable of imagining self-control over one's appetites. These disciples of Christ march on unshaken by discrimination and ridicule.

Our courageous Bishop Vasa has exposed the Judases who have been destroying lives and devastating souls for decades. They all will pass away and eternal judgment is God's. The church will be purified. No heretical pope, homosexual cardinal or pedophile priest can prevail against Truth.

I stand with the Holy Catholic and Apostolic Church that is timeless. I stand with our heroic, faithful priests who offer the hope and peace of Jesus Christ to a broken world.

Gretha Omey, Eureka

Editor:

I had a few thoughts on last week's *NCJ* cover story about the local Catholic diocesan handling of priests who were known child sex abusers.

As a Catholic with sons who are currently altar boys and who attend catechesis in a local parish, I want to testify that our church has made effective changes to protect children. I don't say that lightly since I homeschool my children, in part, to protect them from rampant immorality in the schools.

Secondly, I think Bishop Vasa is a good shepherd who is not seeking to avoid the Church's making reparation for its vile past. He wasn't part of this diocese and had nothing to do with these crimes, and yet he has taken on the job of shepherding a church that was betrayed by Judas-priests. He begs forgiveness from the victims because he knows what it can do for hurting people.

Finally, you asked, "How does one forgive the unforgivable?" For the sake of brevity, I'll point to one man who had every reason not to forgive. Father Ubald Rugirangoga narrowly escaped the 1994 Rawandan genocide but in the slaughter, he lost over 80 relatives and more than 45,000 of his parishioners were executed. He returned to Rwanda and has been preaching on forgiveness to crowds of tens of thousands.

The message of Father Ubald is that unforgiveness blocks healing, and countless people attribute miraculous physical and relational and spiritual healings to him. I think the question is, "How does one forgive what seems unforgivable?" Seek, and you shall find.

Karen Worsley, Eureka

Priestly 'Prequal'

Editor:

Reading the evidently well-researched and well-written feature article in the Feb 7 issue of the *NCJ* triggered recollections of its "prequel"of nearly 20 years ago, published in issue 122 (May/mid-June 2000) of Mendocino County's *New Settler Interview*. Pages 51 through 63 of that issue describe in excruciating detail (under the title "Woman of Integrity: Sister Jane Kelly") the lengths to which Sister Jane (and fellow Catholic Mike Geniella, then of the *Santa Rosa Press-Democrat*) had to go in order to — eventually — bring the sordid facts to public attention.

I'm rather surprised to find that that exposure was insufficient to provoke the Diocese into taking appropriate corrective action at the time. (Though the *New Settler Interview* didn't leave a web presence, I'm told that both the HSU Library and the Mendocino County Museum have substantial archives of the *NSI*, so issue 122 may still be accessible).

Mark Drake, Fortuna

Trinidad Blue

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Beneath the history
Below my feet.
My delicate
Bird-life friends,
Sonorous in their greetings
Of another tranquil
Morning day
Such elixir,
My Trinidad Blue.

— Jack Flannagan

'The Right Thing'

Editor:

I support the Green New Deal because it is the only legislation ever proposed in our country that has the power and scope to address the climate emergency ("Huffman Appointed to New Congressional Climate Crisis Committee," posted Feb. 7). The latest United Nations report on climate says that we have 12 years to totally and radically transform our economy if we are to sustain human civilization as we know it.

Personally, I am frightened by the upsurge of extreme weather events, especially the devastating wildfires in our region and state. National polls show that the vast majority of Americans, regardless of political party, support the Green New Deal. It will help save the climate, decrease pollution and create millions of well-paying jobs in the process. We owe it to our children and their children to do the right thing now rather than allowing our planet to slide into climate catastrophe.

Scott Feldman, Arcata

Corrections

The article "Bottled up at Tomaso's" in the Feb. 14, 2019, edition of the *North Coast Journal* incorrectly stated the year Ramone's Opera Alley Café opened. The café opened in 1981. In the same edition, the story "Norweigan Company Casts Bid for Fish Farm" incorrectly described the relationship between Nordic Aquafarms and Humboldt Baykeeper. The nonprofit Humboldt Baykeeper was one of the "stakeholder groups" the company met with. The *Journal* regrets the errors.

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday. ●

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'Heartbreaking'

With more mentally ill people entering the criminal justice system, officials scramble for solutions

By Thadeus Greenson
thad@northcoastjournal.com

The population of mentally ill inmates in the Humboldt County jail has grown so quickly the sheriff has modified plans for an expansion project to include a program designed to treat defendants ruled mentally incompetent to stand trial.

Mirroring a statewide trend, local officials say they have seen a sharp increase in the percentage of local criminal defendants with mental illness, something Humboldt County Public Defender Marek Reavis estimates up to 50 percent of his office's clients suffer from, along with a significant portion who are also struggling with substance abuse issues. The impact on the court, the jail and the state mental hospital system has been significant.

According to Humboldt County District Attorney Maggie Fleming, 80 local defendants claimed they were incompetent to stand trial in 2014, meaning they were unable to understand the nature and consequences of the legal proceeding against them, or to assist properly in their own defense. That number has risen steadily, she said, with 223 defendants making the claim in 2017, the last year for which complete data is available.

And, Humboldt County is hardly alone. Nearly one-third of California's inmates have documented serious mental illnesses, according to the California Department of Corrections and Rehabilitations. (Read more on the state's mental health crisis and its impacts on the criminal justice system in this week's cover story "Breakdown" on page 11.)

Defendants whose claims are upheld by the court need to be sent to a restorative mental health treatment program — either in a state hospital or a county jail. Once they are deemed "competent," meaning they understand the nature and stakes of their court case, and can help their attorney mount a defense, they are returned to Humboldt County to stand trial.

Complicating matters is the fact that there are not enough treatment beds in the state. According to the Humboldt County Sherriff's Office, on the night of Feb. 13, the jail was housing nine people deemed incompetent to stand trial who were awaiting transfer to a treatment program and another four who were in the midst of proceedings to determine their competency. Sheriff William Honsal said there have been times when 20 or more people already deemed incompetent have been in the jail awaiting transfers, noting that it can sometimes take a defendant up to six months to be transferred to a treatment facility due to the lack of beds statewide.

This can have a substantial impact on both the jail, which has a capacity of 417 inmates at any given time, and the defendants, who may have mental conditions that deteriorate in the jail.

Honsal said his office works with the county Department of Health and Human Services, which has three to five mental health clinicians in the facility on weekdays and others available on-call after hours, and is also exploring the possibility of contracting with a private company to provide mental health care in the facility. The bottom line, Honsal said, is the jail as currently constructed isn't an optimal place to provide therapeutic treatment to the mentally ill.

> "I really don't know what the answers are in this but I think, as a state and a county, we need to come up with a plan because the need is growing."

"We cannot treat people with mental health issues the same as someone in custody on a violent charge," he said. "We have to treat them differently from other inmates. ... Our correctional deputies are trained in (crisis intervention training) and they do get components of mental health training, but they are not mental health clinicians."

Honsal said that the majority of defendants deemed incompetent to stand trial are either sent to Napa State Hospital or to the Sacramento County jail, which has its own jail-based competency restoration program that was started because of the long waits to have defendants placed in state hospitals. But that will soon change.

Honsal said the state has recognized that there is such a need in Humboldt County that it has agreed to reimburse the sheriff's office for the cost of running a six-bed competency restoration program in the jail when it is expanded. (The expansion project is slated to begin in May.)

But competency to stand trial is only the tip of the mental health problem in the criminal justice system locally, officials said, adding that there needs to be an increased effort to get people treatment before they reach a crisis point and enter the system.

Reavis said he's been pleased with the strong push by local law enforcement to train frontline personnel in crisis de-escalation techniques and create a crisis intervention team to specifically deal with mental health emergencies, as well as Eureka police's ongoing partnership with DHHS on the Mobile Intervention and Services Team. Plus, he said his office has been working with DHHS to bring social workers in to "assist clients with the tools, information and resources, including mental health guidance, they need" to decrease contacts with law enforcement.

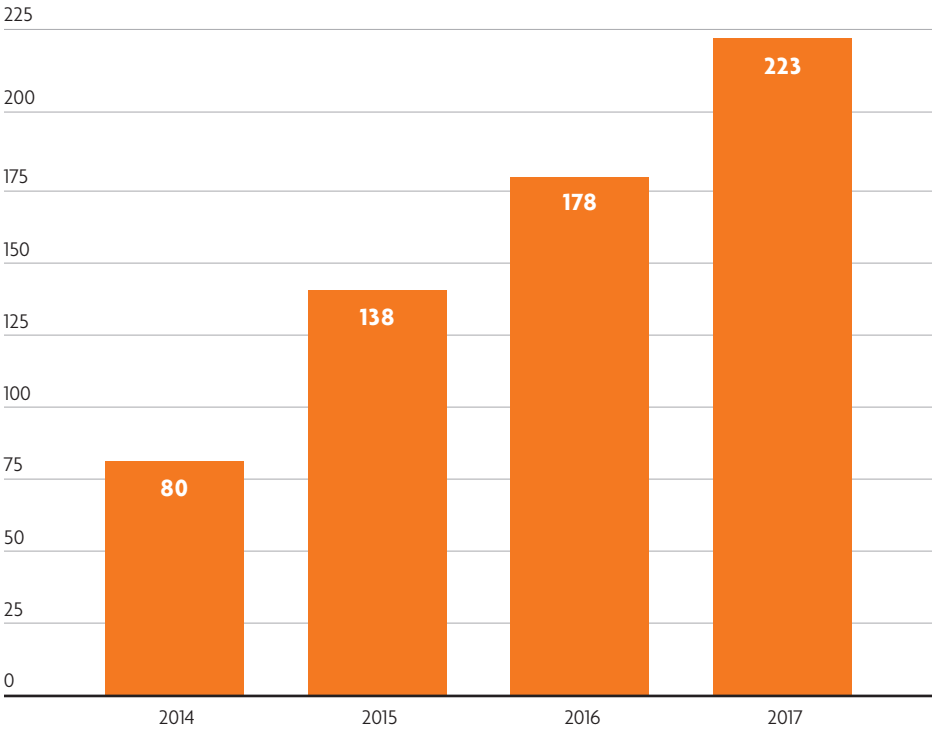
"There's more need, of course, and I can't tell you what the answers are, but the jails and prisons have become the largest providers of mental health treatment in the country and that's a two steps forward and three steps backward solution," Reavis said.

Fleming doesn't disagree, though she says her office has to put public safety first.

"Everyone benefits when someone's improved mental health reduces criminal

Incompetent to stand trial in Humboldt County

The number of cases in which defendants have claimed to be incompetent to stand trial, either personally or through their attorney:



Source: Humboldt County District Attorney's Office

activity," she said. "Our office pursues mental health treatment for all defendants that experts conclude would benefit from it. However, we also always seek custody of people with a history of violence. People with mental health issues who represent a clear risk to the public should receive treatment in a locked facility, such as as state hospital."

State hospitals triage patient intake, meaning they first admit those with the most dire need or who pose the largest threats to public safety. This leaves lots of non-violent offenders facing lengthy waits for treatment.

Honsal said it's a great frustration for jail staff to see people brought into custody, clearly in the midst of a mental health crisis, who then stabilize while in the facility and on medication, only to deteriorate shortly after being discharged, starting the cycle over again. While Honsal said the jail works with county mental health to facilitate smooth transitions and continuity of treatment, it appears that for some — especially the homeless — finding the stability to maintain medication and treatment regimens is elusive.

"It is heartbreaking," Honsal said. "I really don't know what the answers are in this but I think, as a state and a county, we need to come up with a plan because the need is growing."

The challenges are similar with misdemeanor defendants, who generally aren't held in custody pending trial even when deemed incompetent to stand trial and are discharged to an out-patient treatment program. For many, this is rife with pitfalls as it's difficult for even robust outpatient programs to provide the stability and oversight many defendants need to learn to live with mental illness.

"I think the best outcome for many misdemeanor defendants mentally incompetent to stand trial would be treatment in a state hospital, but the reality is we have a very difficult time even getting mentally incompetent felons into state hospitals because of the shortage of facilities," Fleming said. "Clearly the criminal justice system would benefit from more resources to evaluate and treat people with mental illness."

Ultimately, Reavis said, this is much more than a criminal justice issue.

"The topic is huge and the problem is growing," he said. "It requires that government and citizens recognize that we have to actually do something about it." ●

Thadeus Greenson is the Journal's *news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.*

Funny en Español

Savage Henry's first Spanish-language comedy show

By Héctor Alejandro Arzate
newsroom@northcoastjournal.com

Luigi Diaz performs at the Savage Henry Comedy Club.
Photo by Héctor Alejandro Arzate

A modestly-sized audience listened attentively before cracking into applause at the Savage Henry Comedy Club. Bursts of laughter filled the back room after a joke in Spanish about the difference between Guatemalans and Mexicans.

"*En México tienen el taco, el burrito, la tostada*," Nando Molina, a fixture in the Eureka comedy scene, said. "*En Guatemala tenemos tenedores, cucharas, platos*." Translated into English, Molina's joke goes: In Mexico, they have tacos, burritos, tostadas. But in Guatemala, we have forks, spoons and plates.

On Feb. 16, Savage Henry hosted its first ever comedy show entirely in Spanish, titled ¡Noche de Comedia! The lineup featured mostly local standups of Guatemalan, Honduran, Puerto Rican and Mexican descent. Peter Nelson, who runs event production and promotion at the club, felt it was important to host an event that included all members of the local community, even if that meant a smaller crowd.

"I'm not ashamed at all for thinking it was a good idea and trying it out," Nelson said. "Complete inclusion and diversity is what the best, most sustainable business model could be. I just love the idea of having the whole community involved in our comedy scene because it's important as a vision for a company."

Despite being the first of its kind, the Saturday night show saw a good amount of local interest and turnout. To Alex Luna and his family, it was worth checking out. "We don't see this in Spanish that often, it's something different," Luna said. "I've been to comedy shows back in Mexico, but not up here. ... When something like this comes up, people will show up."

The audience was a mix of folks of all ages. Leon Coello, one of the performers and originally from Honduras, thought it was important to showcase comedy for the younger generations. "*Es muy importante, para que también los niños pueden ver que la comedia es algo que ellos pueden hacer*," Coello said, meaning it was really important for kids to see that comedy is something they can do, too.

For Monica Jarquin, an HSU student who came to the show with friends, it was an opportunity to try something new that also felt familiar. "I've never been to a comedy club before, especially in Spanish. I thought that was really awesome to see some representation," Jarquin said. "As Mexicans, we joke around a lot. It's just part of the culture. It's a part of every day. There's rarely a moment where you're not laughing at home ... we're very passionate people, so you're either laughing hysterically or angry, you know?"

As comedians who are used to performing in English, it was a freeing experience to tell culturally relevant jokes that weren't mired in self-deprecation.

"It's a different experience in the way I tell jokes. I would never be derogatory towards brown people," Molina said. "I'm confident that there are racists in the crowd at any given time. I have to think about that when I perform in English."

The sentiment resonated with Luigi Diaz, a Puerto Rican stand-up comic based in the Bay Area. "It's a different type of freedom," Diaz said. "You have to be comfortable. The jokes are more about looking at ourselves than laughing."

With fluent English and Spanish speakers in the line-up, it didn't feel as though the humor was lost in translation. "It's just like in English," said Mariana Nava, a newcomer to the comedy scene and host of the show. "But words can be funnier in Spanish."

Although it was an experimental first, the promoters at Savage Henry plan to host their next Spanish-language line-up in May, as well as other inclusive comedy shows in the coming months. "I hope to do them regularly," Nelson said, "and have everyone feel like no matter what walk of life they come from, they can come by the comedy club and have a good time."

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‘Fragmented and Uncoordinated’

By Thadeus Greenson
thad@northcoastjournal.com

California’s Gov. Gavin Newsom made national news last week, announcing during his State of the State address that he would be withdrawing most of the state’s National Guard troops along the U.S.-Mexico border, even as President Trump was readying to declare a national emergency.

The move was seen nationally as the latest battle cry from the Resistance that is California government — with Newsom calling the federal immigration controversy a “manufactured crisis” and “political theater” — but lost in much of the partisan rancor was the fact that it also represented a different kind of battle cry from California’s new governor. Some of those National Guard troops, Newsom announced, will be heading north, tasked with eliminating unlicensed cannabis farms.

Newsom’s announcement came on the heels of a new report from California’s Cannabis Advisory Committee, which analyzed the state’s first year of legalized recreational sales and found that “fragmented and uncoordinated” enforcement efforts are allowing the black market to flourish, undercutting the regulated market through unfair competition.

The report shouldn’t have been a surprise to anyone paying attention. A 2017 study by the California Department of Food and Agriculture found that while Californians consume about 2.5 million pounds of cannabis annually, the state was producing an estimated 13.5 million pounds of the stuff. Estimates in Humboldt County, meanwhile, are that only about 20 percent of the county’s more than 10,000 large-scale farms are making efforts to come into compliance.

So, yeah, that leaves a lot of unregulated, untaxed weed out there, meaning that Californians who just want to get high — and don’t particularly care about whether their weed may be laced with pesticides or grown by people who clear-cut a hillside and dewatered a stream — have plenty of options.

In a telling statement on how much has changed in California cannabis over the last couple decades, many in the regulated cannabis industry — the same people who decried the National Guard troops’ touching down in Humboldt as a part of the Campaign Against Marijuana Planting — are now cheering Newsom’s decision.

But with thousands and thousands of farms operating out of compliance in Humboldt County and throughout the Emerald Triangle, it’s fair to wonder if the redeployment of 150 National Guard troops will have any tangible impact at all on the regulated market. Color us pessimistic but it seems the most likely impact will be disrupting the black market just enough to boost the perception of risk — and therefore profits — for the majority of those illicit operators who don’t get caught.

A reminder seems appropriate here: Consumers have a lot of power. If they stop buying black market weed — realizing it undercuts those trying to do it right as conscious, contributing members of society, with potentially devastating environmental consequences — then black market grows will whither on the vine. It really is that simple.

●

California State Treasurer Fiona Ma addressed Congress last week, pushing for legislation that would allow the cannabis industry to access banking services, allowing businesses and individuals to set up accounts, access credit and pay taxes electronically.

Cannabis’ status as a Schedule 1 drug under the Federal Controlled Substances Act has largely prevented the banking industry from working with cannabis businesses. This not only creates security concerns as a billion-dollar industry operates entirely in cash, but it also stifles growth, as cannabis companies can’t access small business loans and other financing opportunities that would allow companies to expand in the burgeoning market.

Testifying before the House Financial Services Committee, Ma called on Congress to pass legislation that would create a “safe harbor” for the industry.

●

While cannabis businesses are prohibited from making simple bank deposits, Greenbox has unveiled the first automated, standalone Bud Tender Machine. Yes, that’s right, it’s essentially a vending machine for weed.

The kiosks have touch screens that offer products like edibles, oils and flowers for sale, allowing customers to browse the offerings. Once they’ve made their selections and paid the bill — presumably in cash — a robotic arm drops their purchase into a cubby. The entire process is said to take just a few minutes.

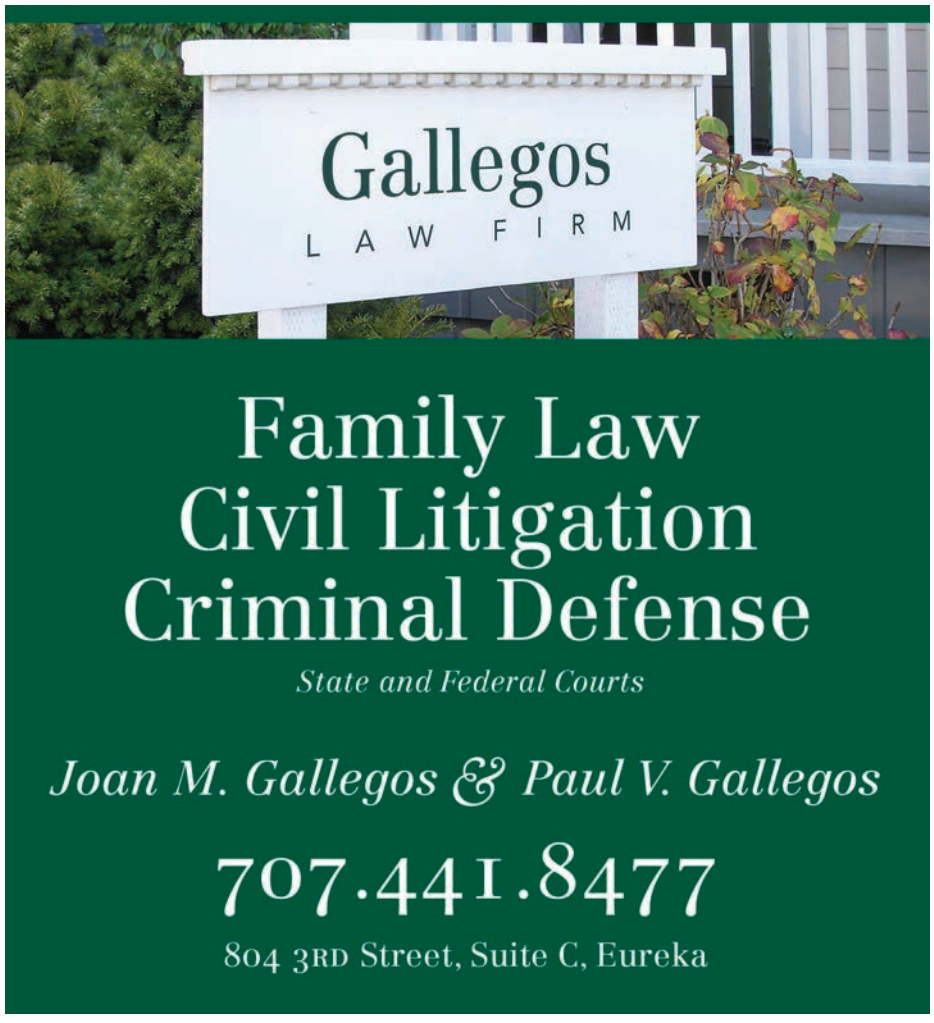
●

Marijuana Business Daily published a report Feb. 18 indicating that it’s not just California’s black market enforcement that’s fragmented and uncoordinated. Two thirds of the state’s municipalities currently prohibit cannabis businesses from setting up shop, according to the report, which notes that just 161 of the state’s 482 — including just 24 of 58 counties — municipalities allow commercial cannabis activity.

It’s a safe bet black market dealers aren’t abiding by those prohibitions, giving the illicit industry a virtual monopoly on two thirds of the state.

●

Thadeus Greenson is the Journal’s *news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.*



Huff to Trump: 'We'll See You in Court'

North Coast Congressman Jared Huffman joined 299 of his colleagues Feb. 14 in voting to pass a compromise funding agreement to keep the government opened in advance of today's deadline.

And, in a press release, Huffman blasted President Trump's declaration of a national emergency a day later, calling it a "sham" and vowing: "We'll see you in court."

The bipartisan funding bill included $1.375 billion for border fencing — far short of the $5.7 billion the president had repeatedly demanded but enough to construct about 55 miles of border fencing. With the Feb. 15 emergency declaration, the Trump administration plans to divert $3.6 billion budgeted for military construction projects, another $2.5 billion from counter-narcotics programs and $600 million from an asset forfeiture fund. Coupled with the appropriation from Congress, that would give the president $8 billion to spend on his border wall.

But challenges loom. House Democrats plan to introduce a measure to reverse the declaration and some — like Huffman — have said they will take to the courts to block the declaration.

"I have one message to President Trump about his sham 'national emergency' declaration: we'll see you in court," Huffman said in a press release. "Trump's last-ditch effort to secure his medieval border wall, with zero regard for the best interests of the American people or the facts, is a gross overstep and a clear violation of the rule of law. This months-long drama of his own making is clearly not an emergency, and now the courts and Congress will need to exercise checks and balances on an executive branch that is increasingly out of control."

As to the spending bill, Huffman said he voted in favor of it because it "delivers wins on several key priorities" and keeps the government opened. Specifically, Huffman pointed to provisions that reverse a pay freeze for federal civilian employees, protecting key programs and language that "strongly supports 20-year lease/permits for the historic ranching and dairying operations in the Point Reyes National Seashore."

Some of Huffman's Democrat colleagues voted against the funding agreement, pointing to the wall funding and its providing allocation increases to the Department of Homeland Security and U.S. Customs and Immigration Enforcement. In his press release, Huffman made clear he wasn't happy with the entirety of the agreement, though he did not specify the aspects he didn't support.

"While this funding bill is not without its flaws, it is the best possible path forward to keep our government open and allow Congress to get back to the business of governing," he said.

— *Thadeus Greenson*

POSTED 02.15.19. Read the full story online.

Orbs of Art

This display case of marbles by John Gibbons Glass of Eureka attracted a regular stream of customers and onlookers at the second annual Humboldt Marble Weekend Feb. 7-10. See more photos of the glass baubles, their makers and hunters at www.northcoastjournal.com. POSTED 02.14.19.

Photo by Mark Larson

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Remains ID'd: The Humboldt County Sheriff's Office confirmed that DNA led to the positive identification of remains found along the Eel River in May of 2016 as belonging to George Preston Daniels, who had failed to show up to a court hearing a few months earlier. *POSTED 02.15.19*

Super Snow Moon: Early morning and nighttime sky watchers were treated to the second super moon of 2019, called a Snow Moon, which made its appearance on Feb. 19, looking bigger and brighter than the average moon for those lucky enough to catch the view. *POSTED 02.18.19*

McKinley's Move: The question of where will the 1906 statue of President William McKinley land was slated to be discussed by the Arcata City Council before the *Journal* went to press. The options/offers currently on the table include an Alaskan resort/museum and the city of Canton, Ohio, where McKinley's presidential library is located. *POSTED 02.15.19*

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Digitally Speaking

20.1

The height in feet the Eel River at Fernbridge reached on Feb. 14, pushing the waterway past flood stage after moderate to heavy rainfall hit the region during a wet weather spate that is forecast to resume this week. *POSTED 02.14.19*

They Said It

"This 'emergency' is a national disgrace."

— Gov. Gavin Newsom in a strongly worded release about California and 15 other states filing a complaint against the Trump administration over the president's decision to declare a national emergency to pay for a border wall. POSTED 02.19.19

Comment of the Week

"Scaly flippies is 🔥👌"

— Emily Coutant commenting on the Journal's *Facebook page post of last week's Seriously? column on use of nonbinary pronouns, which had prompted some debate about whether people could tell it was satire. POSTED 02.19.19*

BREAKDOWN

California's jails and prisons are becoming ground zero in the state's mental health crisis

By Jocelyn Wiener, contributing writer to CALmatters
newsroom@northcoastjournal.com

Jeffrey Jurgens stood in a cage in an orange jumpsuit, screaming that he was Jesus Christ. From her seat in the Sacramento courtroom, his mother watched through tears.

Joanna Jurgens knew how important it was for the district attorney prosecuting Jeffrey for stealing a car — and the judge deciding his fate — to see the extent of her son's illness, but it was torture to watch.

For years, she had begged judges to steer Jeffrey, who has schizoaffective disorder, into long-term treatment. She worried he would get hurt. She feared he could hurt someone else.

Joanna, 56, knew Jeffrey, who was 22 at the time of that 2014 hearing, did not belong behind bars. But after struggling to stabilize him through treatment in the community, she'd become convinced the criminal justice system was her last hope.

These days, the main path to treatment at a state psychiatric hospital is through jail. However controversial those state hospitals may be, many families conclude they are the best option for their loved ones.

"That is a sad state of affairs in our society, that only when you get locked up does it become a priority to get you treatment," said Los Angeles District Attorney Jackie Lacey, who said she's heard many parents describe similar feelings of desperation.

Perhaps nowhere is California's mental health crisis more evident than in its criminal justice system. After decades of failure to create and fund policies that effectively help people with serious mental illnesses, many now say the jails and prisons have become the state's default mental institutions.

Close to a third of California's inmates have a documented serious mental illness, according to the California Department of Corrections and Rehabilitation.

"We're going to end up with an incarceration system that's mainly dealing with people that have serious mental health problems," said Democratic Sen. Jim Beall of San Jose. "It's our own fault, in a way, for not having a good mental health system."

In the past five years, the number of people in California who were deemed incompetent to stand trial after arrest — and ordered sent to state hospitals for treatment — increased by 60 percent, state figures show. Judges make such referrals when doctors determine that defendants are unable to understand legal proceedings or cooperate with their attorneys — the goal generally being that they get stabilized and then return to stand trial.

Often this leaves people who need mental health treatment stuck in county jails. Inmates in Jeffrey's condition can wait in limbo for months, or even years, before being sent to a state hospital.

Five years ago, an average of 343 inmates with mental illness were awaiting placement. Last year, that number shot up to 819.

The increasing number of people incompetent to stand trial may also reflect changing attitudes among public defenders, who now see questioning someone's competency as an avenue to a more therapeutic environment, said David Meyer, professor with the University of Southern California Institute of Psychiatry, Law and Behavioral Science. Forty years ago, "we would never, ever refer somebody for incompetency proceedings if we could in any way get away with it," he said. "People would be incarcerated for mental health treatment at a state hospital for a longer time than they would serve if they simply pled guilty."

One major reason for the growing waitlist is that, while the number of state hospital beds has increased, it has not kept pace with the need. State hospitals now have more than 6,200 beds — a significant portion of which are reserved for other needs. In recent years the state has added about 700 hospital and "jail-based competency restoration" beds.

A few decades ago, fewer than half of state hospital patients came from the criminal justice system. Today, more than 90 percent of them do — with more than a fifth of those individuals found incompetent to stand trial. The next largest group were tried and found not guilty by

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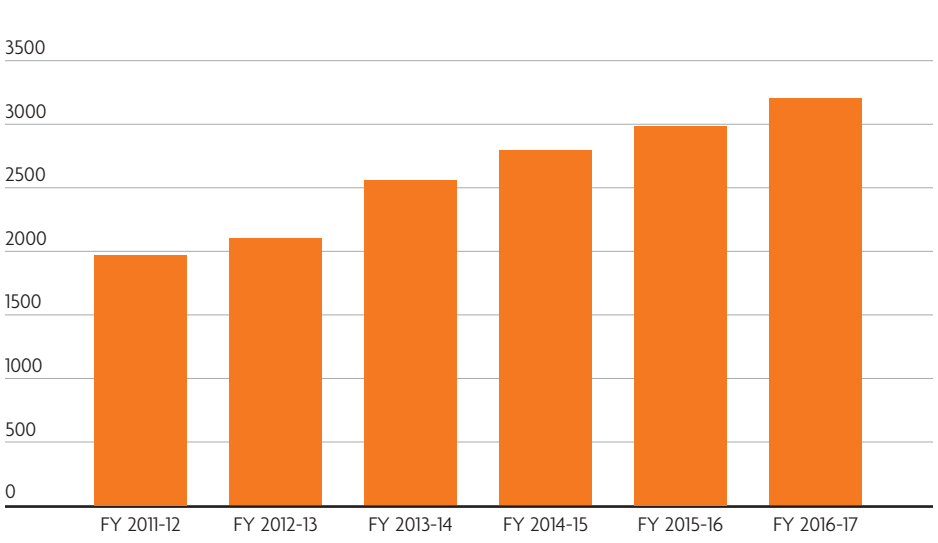
Incompetent to stand trial

The number of California defendants admitted to state hospitals as incompetent to stand trial continues to rise.



Based on a graphic by CALmatters. Source: California Department of State Hospitals

Continued from previous page

reason of insanity.

"We have hundreds of people sitting in our (community) hospitals right now who could benefit from a long-term stay at a state hospital, but we can't get them in there," said Sheree Lowe, vice president of behavioral health for the California Hospital Association.

That said, many experts believe state hospital stays are so restrictive and expensive that solutions to the crisis must be found elsewhere. The broader issue is that society is "letting people get so sick" that they end up in jails and emergency rooms, Lowe said.

Jennifer Mathis, director of policy and legal advocacy at the Bazelon Center for Mental Health Law, describes state hospitals as "kind of like living in prison."

"It's not really a life on a long-term basis," she said, but added that many families have gone so long without good community mental health services for their loved ones that they see no other real option.

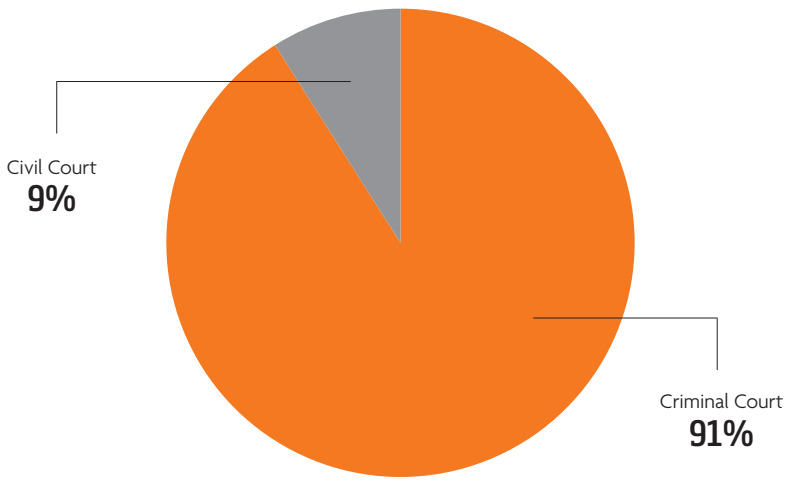
State data show that 47 percent of the inmates who were found incompetent to stand trial last year had no Medi-Cal mental health services during the six months before they landed in jail. Almost half were unsheltered; in many cases, the charges they faced were directly related to their homelessness and untreated psychosis, according to the Department of State Hospitals.

It was not that the system didn't know them, though. In Napa State Hospital, state data shows, nearly half of the people who were incompetent to stand trial had been arrested 15 or more times before they were given the designation.

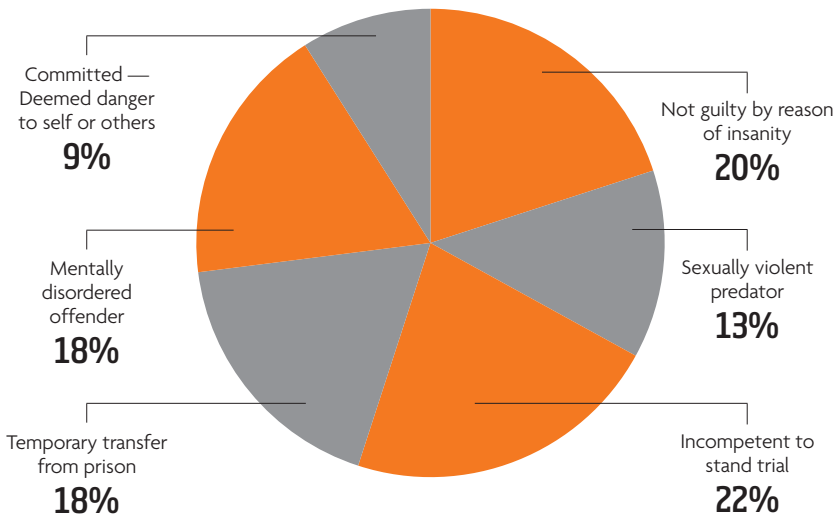
Criminal referrals swamp state mental hospitals

The Department of State Hospitals cared for nearly 13,000 patients in the 2016-17 fiscal year—and the overwhelming majority came from criminal courts.

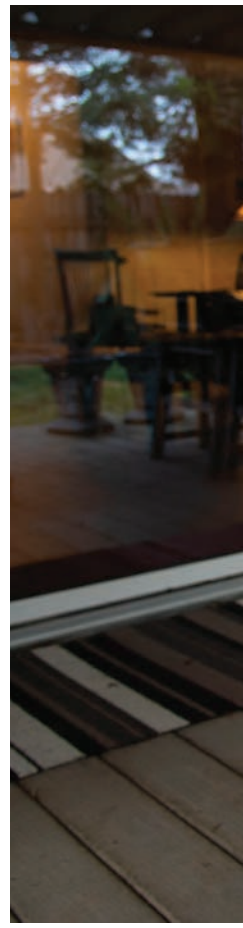
PATIENT TYPE



COMMITMENT TYPE



Based on a graphic by CALmatters.
Source: California Department of State Hospitals



Joanna Jurgens' memories of Jeffrey's childhood — soccer games and fishing trips and visits to the snow — have been obscured by the shadow of his illness. As a little boy, he acted out so much it was hard to keep him in preschool. By middle school, she was receiving daily calls from the principal's office. Freshman year in high school, he started getting into fights and brought a knife to school.

Unable to control his behavior, Joanna — who operates a clinic for University of California Davis Medical Center — and her ex-husband prevailed upon the school district to send their son to a locked residential program in Utah. The structure appeared to help. But after nine months, she said, he returned home and the same behaviors resurfaced.

That Thanksgiving, when Jeffrey was 17, his mother drove him to his grandmother's house in Tahoe. He couldn't stop obsessing about a white car he thought was trailing them, which he insisted carried either government agents or the CIA.

Jeffrey Jurgens at age 5.

Joanna took him to psychiatrist after psychiatrist. They put him on mood stabilizers and, eventually, anti-psychotics. He continued to spiral. Marijuana made the symptoms worse. He stole Joanna's car again and again. Then, at 19, Jeffrey stole a friend's parents' car. They pressed charges.

"He needs help and I don't know what to do," Joanna remembers telling an El Dorado County judge around 2010. "We're waiting for a disaster to happen."

The judge was sympathetic but told Joanna his hands were tied. He sent Jeffrey to jail for 90 days. After he got out, Jeffrey was on and off the streets, lost in a haze of illegal drugs and psychosis.

Over and over, he'd land in psychiatric hospitals. But each time he'd stabilize after a few weeks and his insurance provider would insist he be discharged, Joanna said. Joanna was certain her son needed longer-term in-patient treatment. She begged doctors to put him under a conservatorship, allowing a legal guardian to make decisions on his behalf.

A doctor who saw him at Sierra Vista Hospital in Sacramento agreed with her, Joanna said. Jeffrey spent six weeks there while the doctor pushed for him to be conserved. The county refused — Joanna remembers being told that Jeffrey needed to fail out of community treatment once more to be eligible.

Michelle Lazark, who at the time worked on the Sacramento Police Department's mobile crisis unit, remembered the first time she came upon the dishevelled-looking young man wearing tattered clothes and no shoes.

"Are you a new guy?" she asked. Jeffrey told her his name. Lazark asked if she could call his mom.

"Oh my God," Joanna said after she picked up the phone. "Where did you find him?"

Over the years, Lazark would often help Joanna search for Jeffrey. Sometimes he was relatively lucid and she'd share her sandwich with him and chat. Other times she took him to the hospital. If he was self-medicating with meth, she'd take him to jail for a few hours to sober up.

"You want to protect them and you want to take them to a safe place where

Joanna Jurgens reflects on her son Jeffrey, who has struggled with mental illness and is now living at Atascadero State Hospital after stealing a car. *Photo by Randy Pench for CALmatters*

they can detox," Lazark said. "If that was jail, then that's what I would do every time. It's not criminalizing it, it's keeping them safe."

But not all interactions with law enforcement went well.

In 2012, two CHP officers saw him driving a stolen car the wrong way down a one-way street in Sacramento. After a high-speed chase, he came to a stop. A lawsuit filed by the family in federal court said that, although he was unarmed and had raised his hands, officers began kicking and beating him with their batons, leaving him with a broken hand and a traumatic brain injury — and then high-fived each other.

After an in-car camera video of the incident came out, the district attorney dropped charges against Jeffrey. Last spring, Jeffrey received $1 million in a settlement. (The officers involved all remain employed by the CHP).

The day he was discharged from jail, Jeffrey disappeared back into homelessness, said his attorney Beau Weiner. Months later, on Dec. 5, 2013, he stole a car from valet parking in downtown Sacramento and was peacefully apprehended.

Twice a week, his mother visited him in jail.

"I see you in here a lot," she remembers a security officer telling her one day.

"I visit my son," she said.

"He probably doesn't deserve it," the officer said.

Joanna Jurgens looked at him sadly. Why bother trying to explain?

"You don't know the whole situation," she said.

Because their mental illness leaves them so vulnerable, inmates in that condition are often kept in solitary confinement for their own protection. But extended stays in solitary exacerbate their mental illnesses, too.

"You put a bird in a cage, you got to let him out sometime, or he'll die," says Samuel Mays, whose adult son, Lorenzo, has been in Sacramento County Jail for eight years waiting to be declared competent. Lorenzo Mays, who has cognitive delays as well as mental illness, is the lead plaintiff in a class-action complaint being brought by Disability Rights California against Sacramento County. The complaint cites overcrowding, understaffing and "dangerous, inhumane and degrading conditions," including use of extended solitary confinement on inmates with serious mental illness.

"He's suffering," Samuel Mays said of his son. "You can only take so much of that."

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On the Cover

Continued from previous page

Douglas Clark, who landed in jail on an attempted burglary charge in 2009, picked up a new charge in prison after throwing feces at a correctional officer. Clark, who has schizophrenia and hears spirits talking to him, was found incompetent to stand trial, said his mother Tammy Clark. He was sent to regain competency at the state hospital. He returned to jail to be tried, she said, but went off his medication or had it changed, and then became mentally unstable again. That cycle keeps repeating, she said.

She tries not to seem upset when she talks to him — she wants to be "a light" in his dark world.

But sometimes he can tell she's been crying.

"It's so disheartening," she said.

Even as the population of inmates with mental illness burgeons, some advocates see the beginning signs of hope.

Beall, who himself has a family member with schizoaffective disorder, said the administrations of former governors Arnold Schwarzenegger and Jerry Brown rebuffed policy proposals meant to make comprehensive mental health services available in the community.

But last year, Brown signed a provision to allow courts to divert certain offenders with mental illness into community-based in-patient or out-patient treatment programs, and another to reduce the maximum wait time for an inmate to become competent to stand trial — from three years to two.

Last month, Gov. Gavin Newsom proposed a state budget that includes tens of millions of dollars for mental health programs, including training law enforcement officers in crisis de-escalation. The budget would also provide one-time grants to treat young people experiencing early psychosis and $100 million for "whole person care" programs that seek to address the housing, health, mental health and substance abuse needs of people experiencing homelessness.

Judge Stephen Manley started one of the nation's first mental health courts in Santa Clara County more than 20 years ago. In these courts, public defenders, prosecutors, judges and social service providers work together to connect people with mental illness who have been arrested for certain crimes with services and treatment, with a goal of keeping them out of jail.

"Everyone wants to tell me, 'It's so complex, we can't solve it.'" Manley said. "And I say, 'No, you can. Get together and figure out what you can do.'"

Jeffrey Jurgens at Atascadero State Hospital a couple of years ago, surrounded by his parents. *Family photo via Joanna Jurgens*

Over the years, the model has expanded to counties around California.

On a recent afternoon in Department 8 in the downtown Sacramento courthouse, Judge Lawrence Brown called up the mental health court participants one by one. He complimented a woman's red hat and another man's poncho. He ribbed those who had a lot of hair, contrasting it with his own balding pate.

Standing alongside their public defenders, some participants beamed as he lauded their progress staying on medications and off drugs, getting jobs and doing their dishes. Others squirmed uncomfortably in the spotlight. One woman's voice cracked as she described her troubled relationship with her mother.

"The fact that you're taking all of these steps to take care of yourself, we're behind you a thousand percent," the judge told her.

Brown, who has run the county's mental health court since 2013 and has helped it to expand, says he's been drawn to the work because of the "humanity of it all."

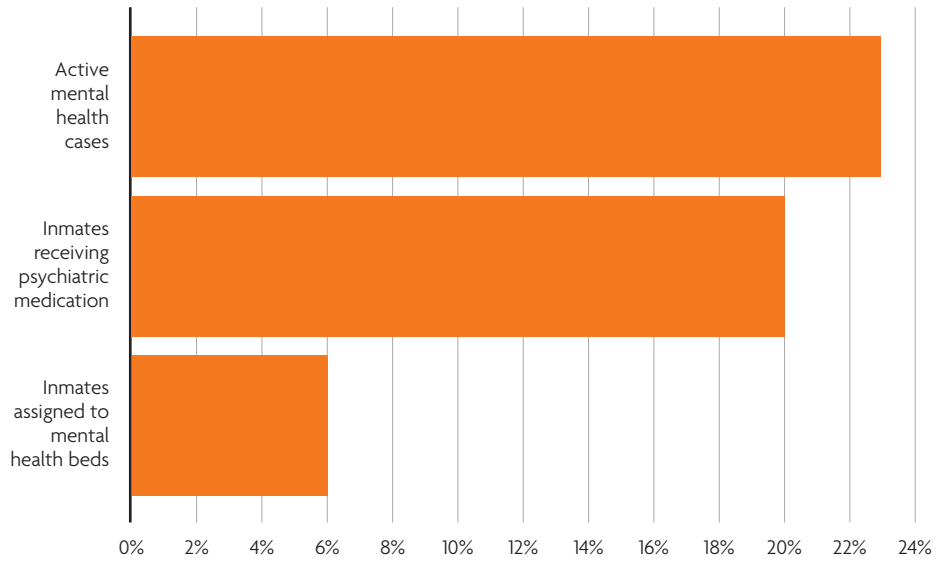
"Keeping them in jail once they're back on their medication is not a very compassionate approach," he said. "They're living a nightmare being behind bars. That setting of being in a cell, with loud noises, is not an opportune manner in which to address serious mental illness."

For now, though, such courts still only serve a fraction of the ballooning need. Sex offenders, arson registrants, active gang members, those who have caused great bodily injury or death and those arrested for driving under the influence are among those who are typically excluded. And many such courts aren't designed to serve those who are incompetent to stand trial.

Jeffrey Jurgens doesn't remember much about the months he waited in jail to get a bed at Atascadero State Hospi-

Mental health behind bars

On the last day of 2016, more than 17,000 inmates were identified as "active mental health cases" among reporting jails in CA.



Based on a graphic by CALmatters.

Note: The number of mental health cases and the number of inmates receiving other mental health services are counted on Dec. 31 and represent a point-in-time count.

Source: "Jail Profile Survey," Board of State and Community Corrections, California Health Care Foundation

Continued on next page »

Michelle Lazark, a Sacramento police officer who works in the Mental Health Unit, put Jeffrey Jurgens back in touch with his mother. *Photo by Randy Pench for CALmatters*

tal — one of the five state hospitals that house people with serious mental illness. Reached over the phone there, Jurgens, now 27, said at first only that being in jail "doesn't feel too good."

After his mother prompted him, he recalled being periodically locked in solitary confinement the Sacramento County Jail after he was arrested in December of 2013, alone with the voices, emerging — in her memory — for just an hour every couple of days.

"It was a bummer," he said quietly. "I was going a little stir crazy. I didn't know what to do, what to think. Nobody would help me while I was there. They just pushed me off because I wasn't like everyone else."

His mother figures it's good he doesn't remember more. Because she does.

She remembers the day he called her, panicked, after his heavyset new cellmate kept trying to give him bear hugs. She remembers him whispering into the phone: "I'm really scared." With Lazark's help, she got him moved.

Joanna also remembers the night Jeffrey called her, agitated and delusional. She was so terrified of what he might do to himself or someone else that she raced to the jail and refused to leave until she spoke to a sergeant.

After Jeffrey was arrested for stealing the car from the valet, weeks passed before he appeared before the judge, screaming that he was Jesus. In February of 2014, he was admitted to a state hospital.

At the end of August, after six months of receiving treatment and preparing for a court appearance, he was found competent enough to have a trial. Months later, in May of 2015, he was found not guilty by reason of insanity. He returned to Atascadero State Hospital that June. Someday, he hopes he'll be well enough to get out, so he can spend time with his family and get a job at a grocery store.

Joanna wishes her son had received intensive treatment earlier.

It troubles her to think about all the other inmates like him, stuck behind bars with no one to speak up for them.

"You've got to fight," she said. "If somebody doesn't have someone to advocate for them, they don't stand a chance. They don't stand a chance." ●

First of a series exploring the challenges Californians face in the pursuit of mental health care.

Jocelyn Wiener is a contributing writer to CALmatters. This story was supported by a grant from the California Health Care Foundation.

CALmatters.org is a nonprofit, nonpartisan media venture explaining California policies and politics.

The Spear Fishing Huntress

Brandi Easter heads to New Zealand to slay

By Thomas Oliver
getout@northcoastjournal.com

Brandi Easter and her freshly speared yellowfin tuna in Panama in April of 2017.
Courtesy of Brandi Easter

Brandi Easter is a tallish, strong woman with shades of mermaid-green hair hiding along her shoulders. As most competitive spearfishers do, she has a day job. She's a commercial photographer. On the table in her studio where we met was a bevy of Lacey's Cookies, her latest project. She's been sprinting around all week trying to get her ducks in a row because she's headed to New Zealand for the 2019 Freshwater Worlds competition. She and her partner, longtime friendly rival Anne Doherty, are competing as the Catfish Cazadoras (meaning "hunters" or "slayers") — the U.S.' No. 1 ranked women's team.

Born in Orange, California, Easter moved to Humboldt County in 1993. She'd been a bit of a water dog her whole life, getting her scuba diving certification in 1987. But it wasn't until she moved here that she shed her tank." Friends would spearfish, and I would always point them towards the fish, saying, 'Go over there! Go over there!'" Easter said.

But her time as an unofficial spotter was short-lived. "I got introduced to abalone diving and you had to free dive for them." About a year later, in '94, she joined Humboldt Skin Divers (chartered in 1956, it is one of the oldest, continually-running dive clubs in the state) and began spear fishing.

Spearfishing is an ancient and ubiquitous practice. With spear or speargun in hand, and often with the aid of breathing tanks or snorkels (though Easter freedives, "lung powered" as she calls it), fishermen dive and hunt fish with the ultimate aim of impaling a fish. Easter's arsenal includes a dozen spear guns and a pair of pole spears, which launch the deceptively simple looking spear with a band the diver stretches and releases along the length of the pole. What she uses depends on the competition and where and what she's hunting. In New Zealand, she and Doherty will be sharing a carbon pole spear for their two days of six-hour catfish hunts between 5 and 40 feet below the surface.

Humboldt Skin Divers falls under the auspices of the Central California Council of Dive Clubs, also known as CenCal. CenCal oversees three different sports: fin swimming, spearfishing and underwater hockey — which are all exactly what they sound like. "So I thought, 'Well, that's interesting. I'm going to see what these spearfishing competitions are,'" Easter said. So, in 1997, she went down and participated. She speared one fish. "And it was the only legal fish out of all the women, and I won! And I thought, 'Well, this is too easy,'" she quipped.

Easter talks about herself with a casual matter-of-fact confidence. As well she should. She's a multi-time national champion, one half of the top ranked women's team in the nation, was a member of the first Women's Team USA for the world championships in Chile (2004, third place) and holds scores of individual wins. If anything, she's quite humble — just a bit of a trash talker. And when you've been dominant for as long as she has, you can say whatever you want, really.

When she first began spearfishing, there were no sanctioned world competitions for women. The international governing body of spearfishing, the Confédération Mondiale des Activités Subaquatiques (CMAS), held only men's events. After her one-fish victory in '97, her eyes were opened. "Then I learned that every two years, the men go on a world level with CMAS, under the Olympic Committee," Easter said. Though men's worlds had gone on for nearly 50 years, there was no women's division, "But the carrot was there," she continued. "So I competed religiously to rank myself within the [CenCal] council so I could represent the United States when the opportunity came." And in 2004, that opportunity manifested. It was not sanctioned by CMAS but, "due to the tenacity of the Chilean women, we had a World Cup," Easter said, a toothy smile across her face.

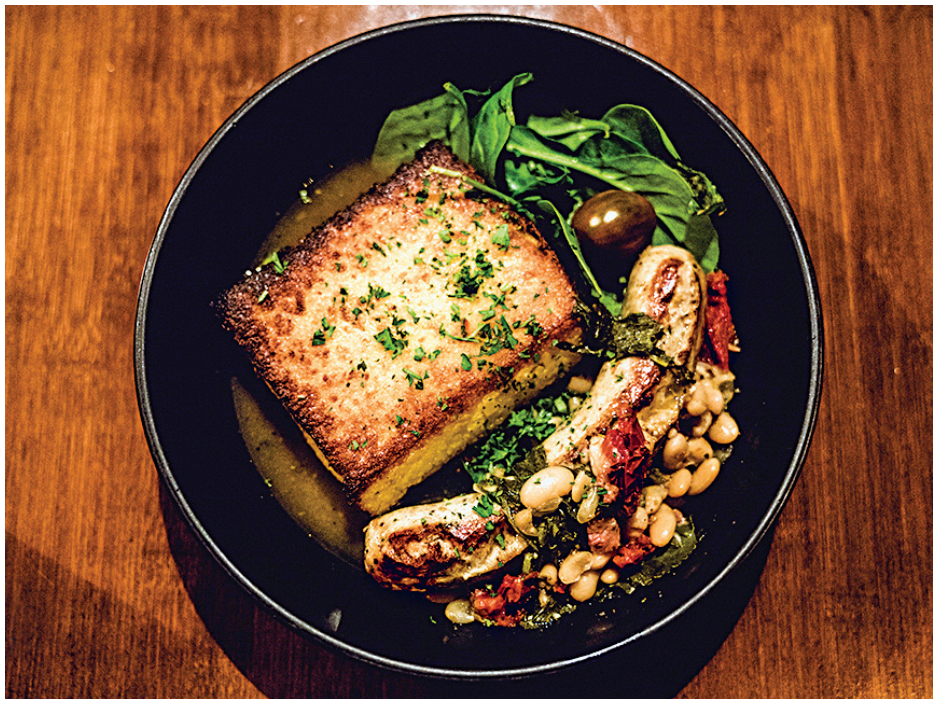
Easter has a funny way of talking about the ocean. To hear her tell it, you'd think they'd have been married for years — at the very least longtime intimate friends. When I asked if she'd been diving much in preparation for worlds, she replied, "Right now, not a lot because the ocean's been upside down." I asked what she meant. "So, when it's really flat, calm and glassy, it's got a undulation under the surface I call that a 'sensual ocean'. And then it gets to the point where it's an Ocean Appreciation Day, where it's dangerous to go in so you keep your distance. And that's where we've been at for a while," she said. Having spent so much of the past 20 years in and focused on the ocean, developing a relationship with it makes sense. To know its quirks and subtleties and peeves. To know when it just wants to be left alone.

When the Pacific is uncooperative, Easter uses spearfishing as the compass by which she travels. "Most of my dive buddies live out of the area now ... so we meet in the middle and we go dive. Sometimes it's a day trip, sometimes it's a weekend which is great because we can do camping, swap stories." Some of her favorite spots, though, are on the West Coast. Trinidad, Shelter Cove and Fort Bragg are usual haunts for Easter. So the next time you're out there, if you see a lone woman half a mile offshore dipping beneath the water for minutes at a time, it might be Brandi Easter. ●

Hum Plate Roundup

What to eat Monday, Friday and until the crab runs out

By Jennifer Fumiko Cahill
jennifer@northcoastjournal.com



The ever-changing Monday night polenta special.
Photo by Zach Lathouris

Crab it while you can

Domoic acid and low weights have led to enough crab-less Christmases to keep us from taking Dungeness for granted. Crack 'em while we've got 'em, folks. And if you're up for the luxury of feasting on the sweet meat without wielding a mallet, order it out.

Cross your fingers, kiss your St. Andrew necklace and hope it's on the whiteboard at Café Waterfront (102 F St., Eureka) for lunch. The grilled crab sandwich ($21.95 with soup) is one of few that pleases as much as the standard cold variety. The butter-grilled sourdough is mild enough not to overpower the generous fistful of crab, a mix of body and claw, topped with tomato and jack cheese that's barely melted. Beware: What little mayo is here turns runny enough from the grill to spoil your shirt. Both hands, over your plate, just like your mom said.

The Crab Louis ($21.95) is another more vintage option, the recipe harking back to the 1900s, when those of us on the West Coast were more afraid of typhoid than the dish's traditional Romaine lettuce. Café Waterfront uses a mixed garden salad as its base, skips the asparagus and surrounds the crowning crab with hard boiled egg, throwback bean and pasta salads and a pitcher of horseradish-spicy Thousand Island dressing. (FYI, packaged or not, anyone who doesn't pick the first crouton off their salad is a robot.) Even a butter-only extremist might be surprised at how well the house-made dressing brings out the briny flavor of the crab when sparingly applied with the tip of a fork. It's deeply old fashioned but maybe this is the time for a hipster revival. Sit by the window like it's 100 years ago and toast the boats as they pass.

How French is the dip?

In the long list of things we call French — like fries (probably Belgian), toast (the Romans were already onto it by the fifth century) and manicures (possibly French but unconfirmed) — the French dip sandwich is a low-key champion.

Is it French? No, it is not. Except in its soul. Hailing from Los Angeles and named for the bread on which it's served, the dip comes with a side and/or a soaking in au jus, which is a French term, *non*? And does it not lend itself to a long midday meal? *Oui, mes amis.*

Nowhere is its accent more convincing than at Le Monde (2850 F St., Eureka), where it only shows up for lunch on French Dip Fridays ($13). The housemade bread is not a crusty baguette but a soft, toasted roll in which caramelized onion and paper-thin sliced prime rib are tucked. The meat, pink in spots and edged with browned fat, doesn't need the au jus, juicy as it is and with the sweet onions. But there it is, deep brown in the little bowl and so you dip and it's that much lovelier for the boosted meat flavor without much saltiness at all. There is no cheese, no hot mustard or horseradish here, but they're hardly missed when you're eschewing ketchup and dipping crunchy shoestring fries into au jus. And if that's not already a French custom, it should be.

Monday night polenta club

A wine cork's downhill roll from Brick & Fire is 2 Doors Down (1626 F. St., Eureka), its wine bar sibling, drawing its menu from the same tight kitchen. The dimensions of the wine list and dinner menu are reversed but that doesn't mean you're relegated to cheese plates and appetizers alone. On Monday nights, when so many places are closed, regulars cram in at the handful of tables for the $12 polenta special. You can't beat it but you can miss it. In this economy, go early.

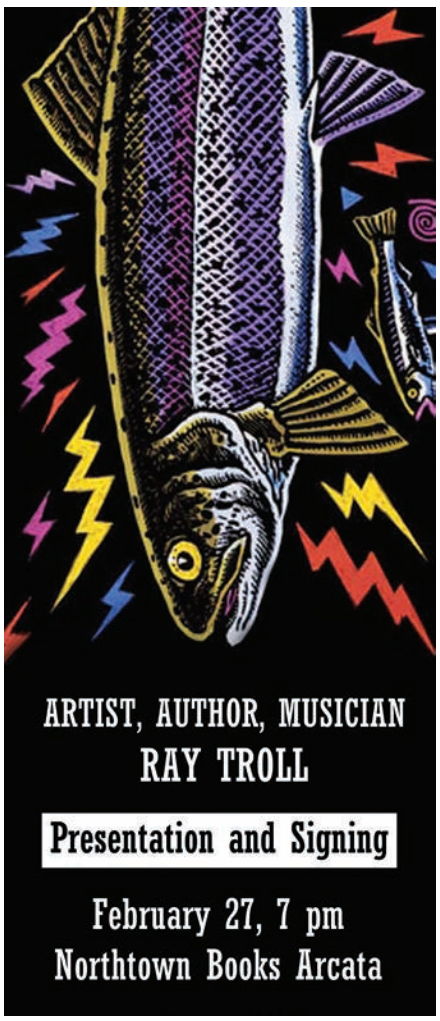
Week to week the variations swing from coq au vin with gruyere polenta to shrimp and grits to Tuscan beef stew with pecorino polenta. On a recent evening the roasted square of polenta — browned and crisp at the edges with a creamy interior — was placed in broth from sautéed kale, tomato and white beans, beside a boudin blanc sausage. The pale link is made in-house from a finely ground, peppery blend of chicken thigh, pork shoulder, bacon and wild chanterelle mushrooms. On a cold night, it's exactly the casual take on French and Italian, and it's downright restorative. Nod to your wine-flushed neighbors — you're practically sharing a table with them anyway — who are likely eating the same thing and enjoy the smug satisfaction of belonging to the right kind of club.

●

Share your Hum Plate tips with Jennifer Fumiko Cahill, arts and features editor at the Journal. *Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.*

The ephemeral grilled crab sandwich.
Photo by Zach Lathouris

The Francophile's French dip.
Photo by Jennifer Fumiko Cahill

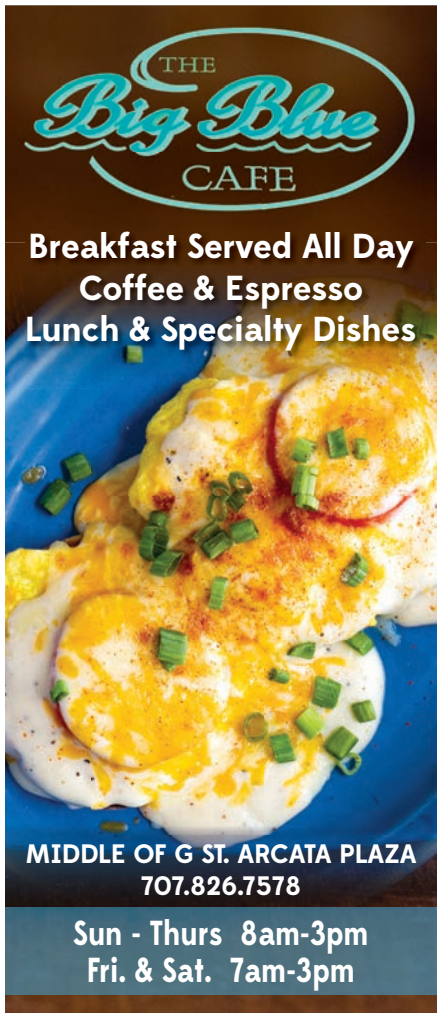


Live Entertainment Grid

Music & More

ARCATA & NORTH

VENUE	THUR 2/21	FRI 2/22	SAT 2/23	SUN 2/24	M-T-W 2/25-27
ARCATA PLAYHOUSE 1251 Ninth St. 822-1575			Artists Dismantling Capitalism (symposium) 10-5pm TBA, Jeff DeMark and the Gila Monsters: *Work Show (music, spoken word)* 8pm $10	Jeff Demark and the Gila Monsters: *Work Show (music, spoken word)* 2pm $10	[W] *The Lois Wilson Story: When Love Is Not Enough* (film) 7pm Free
ARCATA THEATRE LOUNGE 1036 G St. 822-1220	*Dream Big - Engineering Our World* (film) 6pm $5, $3	*Donnie Darko* (2001) (film) 8pm $5	On the Spot Comedy (improv) 7pm $7	*Sherlock Gnomes* (2018) (film) 6pm $5	[W] Sci-Fi Night: *PHOBE The Xenomorphic Experiments* (1995) (film) 6pm Free w/$5 food/bev purchase
THE BASEMENT 780 Seventh St., Arcata 826-2345		Front Ear (formally Tavola) 9pm Free	Seabury and Mark Jenny 9pm Free		
BLONDIES FOOD AND DRINK 420 E. California Ave., Arcata 822-3453	Open Mic 7pm Free		Trivia *Parks and Rec* Theme 7pm, The The Sleepwalkerz (rock and roll) 8pm Free	Jazz Jam 6pm Free	
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way, Blue Lake	Latin Nights 9pm Free	Dr. Squid (dance hits) 9pm Free	Live Music 9pm Free	Karaoke 8pm Free	
CAFE MOKKA 822-2228 495 J St., Arcata		Good Company (Celtic) 8pm Free	Blake & Summer (Celtic) 8pm Free		
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville 839-2013		Karaoke w/Rock Star 9pm Free	Taxi (rock and roll) 9pm Free		[M] 8-Ball Tournament [W] Karaoke w/Rock Star 9pm Free
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad 677-3611		Jimi Jeff & The Gypsy Band (rock and roll) 9pm Free	Band O Loko (surf, reggae, dance, originals) 9pm Free	Karaoke w/DJ Marv 8pm Free	
CLAM BEACH TAVERN 4611 Central Ave., McKinleyville 839-0545	Legends of the Mind (jazz, blues) 6pm Free	Kindred Spirits (bluegrass) 10pm Free		Anna Hamilton (blues) 6pm Free	[M] Steve Lloyd (acoustic) 6-9pm Free [W] Pool Tournament & Game Night 7pm Free
FIELDBROOK MARKET 4636 Fieldbrook Road 633-6097		The Yokels (rockabilly soul) 7:30pm Free			[T] Trivia Tuesday 6-8pm Free
THE GRIFFIN 937 10th St., Arcata 825-1755		LOOSE JOINTS: Last Fridays at The Griffin 9pm Free	Sexy MF'ing Saturdays 9pm Free		[W] Salsa Dancing with DJ Pachanguero 8:30pm Free



Arcata • Blue Lake •McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 2/21	FRI 2/22	SAT 2/23	SUN 2/24	M-T-W 2/25-27
HUMBOLDT BREWS 856 10th St., Arcata 826-2739		Soul Party #21 (DJs) 9pm $5	Brews n' Bass - Ladies Night (DJs) 10pm $7		
THE JAM 915 H St., Arcata 822-4766	The Getdown 9pm Free	Cualli, Jason Burruss & Av8triX (DJs) 10pm $15	Rockers Saturdays (reggae) 9pm $10	All Things Must Pass - a Birthday Tribute to George Harrison 1-4pm $7, kids free Deep Groove Society 10pm $5	[T] Top Grade Tuesdays Dancehall Reggae w/DJ RealYouth, Cassidy Blaze 10pm $5 [W] Trivia Night 6pm, Whomp Whomp Wednesdays 10pm TBA
LARRUPIN CAFE 677-0230 1658 Patricks Point Dr., Trinidad				Tim Randles Jazz Piano 6-9pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake		Kingfoot 9pm Free	Queer Night 9pm Free	Oscar Party/Potluck 5pm Free	[T] Old Time Music Jam 8pm Free
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-4151	Compost Mountain Boys (bluegrass) 6pm Free	The Detours (cool honkytonk) 6pm Free	Steelhead Awards Party 5-9pm Free		[T] Blue Lotus Jazz 6pm Free [W] RLA w/Paula Jones & Don Baraka 6pm Free
MAZZOTTI'S ON THE PLAZA 822-1900 773 Eighth St., Arcata			Kabaka Pyramid w/the Bebble Rockers 9:30pm $28, $24 advance		
THE MINIPLEX 401 I St., Arcata 630-5000	Karaoke 9pm Free		The Getdown w/DJM 9:30pm Free	Karaoke 9pm Free	[T] Sonido Pachanguero 9pm
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 7pm Free		Two Mic Sundays (comedy) 5pm Free	[T] Spoken Word Open Mic 6pm Free
OCEAN GROVE COCKTAIL LOUNGE 480 Patrick's Point Dr., Trinidad 677-3543					[M] Rudelion DanceHall Mondayz 8pm $5
REDWOOD CURTAIN BREWERY 550 South G St., Arcata 826-7224	Davey and The Midnights (country, blues) 8pm Free		Brothers Norton (jazz) 8pm Free		[M] Open Bluegrass Jam 7pm
SIX RIVERS BREWERY 839-7580 1300 Central Ave., McKinleyville		After Work Sessions with DJ D'Vinity 4-7pm		Trivia Night 8pm Free	[M] Karaoke with DJ Marv 8pm [W] Good Company (Celtic) 8pm Free
WESTHAVEN CENTER FOR THE ARTS 501 S. Westhaven Dr. 677-9493			Rosalind Parducci & Aleister Paige (fiddle, vocals) 7pm $5-$20 sliding		

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MARCH 10, 2019 @ 2:00 P.M.

Live Entertainment Grid

Music & More

EUREKA & SOUTH

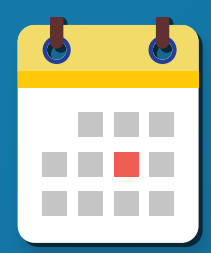
Arcata and North on previous page

Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 2/21	FRI 2/22	SAT 2/23	SUN 2/24	M-T-W 2/25-27
ARKLEY CENTER FOR THE PERFORMING ARTS 422 First St., Eureka 798-6329					[T] Natalie MacMaster & Donnell Leahy (Celtic) 7pm $25-$49
ARTS & DRAFTS 422 First St., Eureka 798-6329		Pints for Non Profits-Clarke Museum 6-10pm	Craft Singles: A Cheesy Trivia Night 6-8pm Free		
BEAR RIVER CASINO RESORT 11 Bear paws Way, Loleta 733-9644		Uptown (classic funk, pop) 9pm Free	Uptown (classic funk, pop) 9pm Free		
BRASS RAIL BAR & GRILL 923-3188 3188 Redwood Drive, Redway	Pool Tourney 8pm			Savannah Rose (folk, country) 8pm Free	[T] Karaoke [W] Open Mic/Jam session 7pm Free
EUREKA THEATER 612 F St., Eureka 442-2970	Science on Screen: *Tank Girl* (1995) (film) 7pm $5	Fourth Friday Flix: *Dirty Dancing* (1987) (film) 7:30pm $5		2019 Red Carpet Gala (Oscar viewing party) 4:30pm $30, $25	
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Celtic/Irish) 6pm Free				
GYPPO ALE MILL 986-7700 1661 Upper Pacific Dr., Shelter Cove	Trivia Night with David Gilchrist 6-8pm Free	Flannel Friday 4-9pm Free		Sunday Board Game Night 4-8pm Free	
HUMBOLDT BAY PROVISIONS 205 G St., Eureka 672-3850	Dinner Music 6-8pm Free				
LIL' RED LION 1506 Fifth St., Eureka 444-1344			Frequency Shift, Ape Shit Shenanigans 9pm $5		
THE MADRONE PIZZA & TAPHOUSE 1506 Fifth St., Eureka 273-5129		DJ Goldylocks 7pm Free		[T] Pints and Pizza for Non Profits-Clarke Museum 4-8pm	
NORTH OF FOURTH 207 Third St., Eureka 798-6303					[W] Brian Post and Friends Jazz Trio 7pm Free
OLD STEEPLE 786-7030 246 Berding St., Ferndale			Rita Hosking with Sean Feder (singer/songwriter) 7:30pm $20		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic with Mike Anderson 6:30pm Free	Improv Show 7pm Free	Monthly Bluegrass Jam 7-9pm Free	Hillbilly Gospel Jam 2-4pm Free	[M] Improv Jam 6pm Free
PALM LOUNGE - EUREKA INN, 518 Seventh St., Eureka 497-6093	Indigo - The Color of Jazz 7-11pm Free		Triple Tones (country rock) 8pm Free		

SUBMIT *your*

Calendar Events



ONLINE *or by* E-MAIL

northcoastjournal.com • calendar@northcoastjournal.com

Print Deadline: Noon Thursday, the week before publication

Rita Hosking and Sean Feder play The Old Steeple on Saturday, Feb. 23 at 7:30 p.m. ($20).

VENUE	THUR 2/21	FRI 2/22	SAT 2/23	SUN 2/24	M-T-W 2/25-27
PEARL LOUNGE 507 Second St., Eureka 444-2017	Reggae Thursdays 9:30pm Free	Selecta Arms (hip-hop, reggae hits) 10pm Free	Michael Dayvid 6pm Free DJ D'Vinity (hip-hop, top 40) 10pm Free		
PHATSY KLINE'S PARLOR LOUNGE 139 Second St., Eureka 444-3344	Laidback Lounge 6pm Free	Friday Night Takeover w/DJ Gabe Pressure 9pm Free	Johnee Angel, DJ Goldylocks & Friends 8pm Free		[M] Game Night - Board Games & Puzzles 6:30pm [T] Phat Tuesday w/Tristan Norton - Wood Songs 7:30pm Free [W] Live Jazz with Bill Allison & Friends 7pm
SAVAGE HENRY COMEDY CLUB 415 Fifth St., Eureka 845-8864	Savage Henry Improv Team 9pm $5	Matt Gubser 9pm $10	Mystery Crypt 420 9pm Free	Two Mic Sundays 9pm Free	[M]Adult Storytime 9pm $5 [T] Trivia Tuesdays 9pm $5
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	33&3rd Thursday 8pm Freer	Aenimus Album Release w/ Interloper 7pm SOLD OUT		Necrot, Blood Incantation, DMT, Grumpus (metal, punk) 7:30pm $8	
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		Live Jazz and Blues 8:30pm Free	Paula Jones Band (jazz-funk) 9pm Free		[T] Opera Alley Cats 7:30pm
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays w/ DJs G. Davis, Just One 9pm Free		Soul Hum DJ music funk, soul 10pm		[M] Pool Tournament 8:30pm $10 buy-in
TIP TOP CLUB 6269 Loma Ave., Eureka 443-5696		Black Light Party with DJ Delaney and DJ Statik 9pm $5	Sexy Saturdays w/Masta Shredda 10pm		
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					[T] Blues Tuesdays 7pm Free [W] Karaoke Nights 9pm Free

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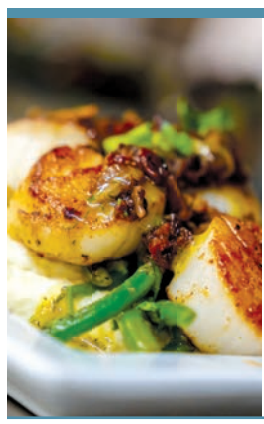
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Tell Me a Story

By Collin Yeo
music@northcoastjournal.com

This week's live treats mostly belong to the spectre of folk music. And that's OK, because folk music is a large umbrella whose shade covers quite a lot of ground. We also have storytelling covered and likewise dance music, fiddles, carnival sounds, metal and lo-fi tunes. Homegrown music rules this week's entertainment and all you have to do is listen.

Cool.

Thursday

It's a nice showcase of multi-medium storytelling at the Outer Space tonight at 7 p.m. **Cookie Tongue** is from Brooklyn and specializes in an intersectional sound that meets at an asterisk center at the junction of folk music, fairy tales and urban living. Local sweetness will be provided by the anti-rave dance dynamics of **Complex Crown** and the always brilliant and weird projector-assisted musical plotlines of **The Comix Trip**. ($6-$20).

Friday

Gearing up to full-bore carnival season requires an appreciation of the slow motion of both the winter thaw into spring and the stutter-start dance of ecstasy and repentance that comes with a full immersion into pre-Lent mysticism. Thankfully, you can find a free shortcut there this evening at The Miniplex at the premier of the musical short film *¡Gracias, Santiago!* at 7 p.m. Filmmakers **Oryan Peterson-Jones** and **Merrick McKinley** will be on hand afterward to answer any questions about their Cuban carnival documentary.

Meanwhile over at Humbrews at 9 p.m., it's a rare Friday night installment of Soul Night. This edition is in honor of **DJ Funky T-Rex**'s birthday so come join his cohorts **DJ Red**, **DJ JayMorg** and special guest from Portland, Oregon, **DJ RED-I JEDI** for a night of bee-day boi dancing. As always, the price is $5.

Saturday

Rita Hosking is a folk musician and a contemporary singer-songwriter who is not only from Northern California — the southern part anyway, Davis and Sacramento — she also writes songs with relevance to the lives of those of us in the economically inconvenient part of the state. She and her multi-instrumentalist musical partner **Sean Feder** will be performing tonight at the Old Steeple at 7:30 p.m. ($20). Any show at that venue is a doozy and this one should prove to be a real delight.

A half an hour later and at least 45 minutes north on U.S. Highway 101 (if you drive the way I do anyway) you will find a local variety show underway at the Arcata Playhouse. This one's called *The Work Show* and it's about, well, work. **Jeff DeMark and the Gila Monsters** provide the music for the main night's action ($10).

Sunday

Oh my, there's another metal show at the Siren's Song this evening. If you stack your pocket change in the right sock this week (you know the one, the purple beast you keep knotted up next to your bed, full of coins to deal defensive violence upon any midnight intruder who dares to interrupt your perfect slumber), it shouldn't even be a thing to cough up the $8 required to get in the door. Once in, you can enjoy Oakland's **Necrot** and Colorado's **Blood Incantation**, as well as local half-stack heroes **Death Mode Trippers** and **Grumpus** at 7:30 p.m.

Monday

It's a sleepy midwinter night out here in the fringe-lit sticks of the great southern tip of the Pacific Northwest. However, we still have some free musical options and for that we should thank the great machines of human grace in our wet and remote outpost. **Steve Lloyd** entertains the Clam Beach Tavern at 6 p.m. with a mix of covers and originals interpreted on his acoustic guitar. And at 7 p.m. at the Redwood Curtain Brewery, you can be a part of the Open Bluegrass Jam if you so please. No experience beyond an appreciation of the style and an ear for a tune is needed.

Tuesday

Cape Breton fiddlers, Canadian masters of the form, and wife and husband duo **Natalie MacMaster** and **Donnell Leahy** bring their ecstatic bow and string melodic ascendance to the Arkley Center for the Performing Arts this evening at 7 p.m. ($25-$49). Along with the Highland Celtic fiddle regalia imported to the maritime provinces of Canada, this couple will accompany the fantastic dancing and tapping of their quintuple offspring. This is truly a family hoedown and you would be foolish to miss it if you can afford it.

Cookie Tongue plays the Outer Space at 7 p.m. on Thursday, Feb. 21.
Photo by Kristopher Johnson, submitted

Wednesday

Sundressed is an Arizona band built around the songs of founder Trevor Hedges, whose histrionic sobriety is a force of power and effect beyond recall in the DNA of the music. This is rock music catharsis and there are qualified technicians along for the ride. Specifically, there is **awakebutstillinbed** from San Jose, as well as **Sunsleeper** from Salt Lake City and **Alien Boy** from Portland, Oregon. Everyone mentioned can be found at the Outer Space tonight at 7 p.m. The sliding door-fee is pretty do-able at $6-$20.

●

Full show listings in the Journal*'s Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.*

Collin Yeo doesn't really know why or how, but he tries to get where and when right. He lives in Arcata.

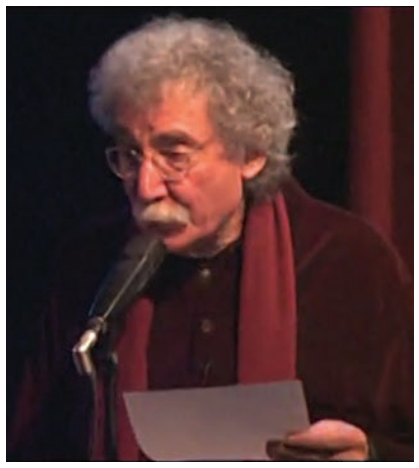
Calendar Feb. 21 – 28, 2019

Submitted

Local artist Lyn Risling's new exhibit **Reconnecting: A Cultural Journey, Art by Lyn Risling** is on display now though **Mar. 9** at the **Goudi'ni Native American Arts Gallery** at Humboldt State University, showcasing her paintings, as well as ceremonial regalia and Native American baskets. Gallery hours are **Tuesday** and **Wednesday noon** to **5 p.m.**, and **Thursday** and **Friday noon** to **7 p.m.**

Shutterstock

Join with members of the community to enjoy fried chicken, greens, black-eyed peas, cornbread, mac and cheese, live music and more at the Eureka branch of the NAACP's annual fundraiser, the **Charles Washington Soul Food Dinner**, **Saturday, Feb. 23** from **4 to 7 p.m.** at **Eureka Woman's Club** ($20).



Jerry Martien. Submitted

Poet **Jerry Martien** and pals return to the **Arcata Playhouse** for a special Humboldt homecoming. Musicians **Thad Beckman, Danny Montgomery**, **Gary Davidson** and **Fred Neighbor** (the Band of Angels) join Martien for an evening of spoken word and music **Thursday, Feb. 28** at **8 p.m.** ($15).

Donnie Darko and Dirty Dancing

Swayze's Choice

The competition for your Friday night could be a no brainer or a nail biter. Two movies, both beloved, both long gone from their first-run, full-screen heydays, return to larger-than-life glory this weekend — on the same damn night.

In what I'm calling the "Battle of the Double D movies" or "A Tale of Two Swayzes," two films duke it out for your dollar. In this corner, we have the clue-laden, cult classic **Donnie Darko** (2001) playing **Friday, Feb. 22** at **8 p.m.** at the **Arcata Theatre Lounge** ($5). Jake Gyllenhaal plays Donnie, a troubled teen who seeks to understand the disturbing end-of-life events he witnesses, with the help of a 6-foot rabbit only he can see. Hop along, Harvey. *Darko*'s Frank is pretty freaky. Keep an eye out for Patrick Swayze — no spoilers.

If lifting your spirits — and your partners — is more your style, across the bay we've got fan favorite **Dirty Dancing** (1987) showing **Friday, Feb. 22** at **7:30 p.m.** at the **Eureka Theater** ($5). Jennifer Grey and Patrick Swayze star in the romantic drama dance movie set in the 1960s at a Catskills resort. Despite different backgrounds and ages, the two find love in lifting each other higher than they've ever been lifted before. Everybody knows nobody puts Baby in a corner. Except maybe Frank the Rabbit. Choose wisely.

Gyllenhaal or Grey. Sexy Swayze or creepy Swayze. (He's Patrick with the Good Hair in both.) Either way you win.

— Kali Cozyris

Submitted

And the Emcee is ...

For the first time in 30 years, the Academy Awards will be without an emcee. Designated host Kevin Hart dropped out after homophobic remarks from his past surfaced and it appears no one dares step in and take the reins. The last time the Academy Awards went without a host, the world got that Rob Lowe/Snow White song and dance. Nobody wants that again. Here's hoping the telecast moves along smoothly with entertainment we expect from the Oscars — and surprises us with some we don't. One thing we can count on is Humboldt's slinkiest soiree is *the* place to watch the carpet and the fun unfurl.

The **sixth annual Red Carpet Gala**, presented by Humboldt-Del Norte Film Commission and the historic Eureka Theater, is ready for Humboldt's close up. All the action takes place **Sunday, Feb. 24** at **4:30 p.m.** at the **Eureka Theater** ($30, $25 advance).

Glam it up for your red carpet entrance, where it's all smiles and snapping bulbs. Then make your way to the lobby for signature cocktails and live music before gathering up your wrap and sashaying down the aisle to watch the 91st Academy Awards broadcast live on the big screen. During the commercials, dash to refill your drink or check your teeth, or stay seated for the Film Commission's local Film-Friendly awards, videos and music by RLA Trio.

— Kali Cozyris

21 Thursday

ART

Art Reception. 4:30-6:30 p.m. Reese Bullen Gallery, Humboldt State University, Arcata. Opening reception for Jenny Odell and Ellie Irons' exhibition *Place: Migrations & Interventions*.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. $5. 442-0309.

Healing Sketchbook Workshop. Third Thursday of every month, 5-6 p.m. Outer Space, 1100 M St., Arcata. Conversations About Power will hold a workshop focusing on mixed-media sketchbook techniques. All levels welcome. Bring sketchbook and art supplies. Some art supplies available. Free, donations appreciated. ConversationsAboutPower@gmail.com. www.conversationsaboutpower.com. 442-8413.

Presidents Week Camp SCRAP. 8:30 a.m.-3:30 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Creative reuse art camp for grades 1-5. $175. education@scraphumboldt.edu. scraphumboldt.org. 822-2452.

BOOKS

Books on Tap. 6:30 p.m. The Boardroom, 3750 Harris St., Redwood Acres, Eureka. Read and discuss books, and enjoy cheese and charcuterie plates. Bring your library card or sign up for one to get your book. Ages 21 and up. www.boardroomeureka.com.

COMEDY

Savage Henry Improv Team. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Savage Henry Improv Team returns for a night of Long Form improv. $5. editor@savaagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Contemporary partner dance with an improvised, lead-follow approach. A 7 p.m. lesson, 8 p.m. dancing. $5, first time free. www.redwoodraks.com.

LECTURE

Ann Nehaya Walsh. 6 p.m. Arcata Library, 500 Seventh St. Ann Nehaya Walsh shares her 'herstory' and recovery, as well as practical steps for recovery from eating disorders. For ages 12 and up. 12-16 year olds may attend with an adult. Free.

MOVIES

Dream Big: Engineering Our World. 6-8:30 p.m. Arcata Theatre Lounge, 1036 G St. *Dream Big* celebrates the human ingenuity behind engineering marvels big and small. $5, $3 college students (with ID), Free for K-12 students. LW76@humboldt.edu. arcatatheater.com. 822-1220.

***The Insult* (2017) and Q&A by lead actor Kamel El Basha.** 7 p.m. Minor Theatre, 1013 H Street, Arcata. Kamel The Palestinian actor and winner of Best Actor at the Venice Film Festival shares his experiences. Part of HSU professor Leena Dallasheh's Let's Talk About the Middle East film series. $9.50-$7.

Science on Screen: *Tank Girl* (1995). 7 p.m. Eureka Theater, 612 F St. This series pairs feature films with experts in the fields of science, tech, engineering and mathematics. This film's discussion features apocalyptic technologies w/Lonny Grafman. $5. www.theeurekatheater.org.

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MUSIC

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Drive. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. $3. dsander1@arcatanet.com. 839-2816.

THEATER

***Adaptations*.** 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. An evening of original short stories and poems adapted and performed by Dell'Arte's secon year MFA Ensemble. Pay what you can. www.dellarte.com. 668-5663.

***Everybody*.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. This finalist for the 2018 Pulitzer Prize is a modern, riff on the 15th century play *Everyman*. It follows Everybody (chosen from the cast each night by lottery) on a journey to find the meaning of life. $20-$10.

Northcoast Prep Presents *The Oresteia*. 7:30-9:30 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. The tragedy examines when individuals take the law into their own hands. Ages 13+ recommended. $12. bchapman@northcoastprep.org. www.baysidecommunityhall.org. 822-0861.

EVENTS

Eureka Community Town Hall. 5:30-7 p.m. St. Bernard's Catholic High School, 222 Dollison St., Eureka. Congressman Jared Huffman holds a community town hall with special guest Assemblymember Jim Wood. The lawmakers will answer constituent questions and talk about their shared priorities for representing California's North Coast. Free.

FOR KIDS

President's Week Zoo Camp. 10 a.m.-3 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Explore using your senses of sight, smell, hearing, touch and taste. $100. education@sequoiaparkzoo.net. www.sequoiaparkzoo.net/education/zoo_educational_opportunities/. 441-4217.

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. Stories with the little ones. Free. trihuml@co.humboldt.ca.us. 677-0227.

FOOD

Third Thursday Food Demos. Every third Thursday, 5:30-7:30 p.m. Humboldt County Agriculture Center, 5630 South Broadway, Eureka. Free food preservation demos presented by the Humboldt County Master Food Preservers. This month learn about preserved lemons. Free. tinyurl.com/MFPDemo. 445-7351.

GARDEN

Free Admission Day at the Garden. Third Thursday of every month, 10 a.m.-2 p.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, College of the Redwoods Campus, North Entrance, Eureka. Humboldt Botanical Garden features rare species, native plants and Mediterranean climate landscapes in a beautiful setting. The 44.5 acre site contains more than 7 acres of developed formal garden, multiple trails and a 100-foot diameter earth sculpture. Free. www.hbgf.org. www.hbgf.org. 442-5139.

MEETINGS

350 Humboldt. 6 p.m. Rita's Margaritas & Mexican Grill, Arcata, 855 8th St. Topics on the agenda include the future of renewable energy in Humboldt County, a call for proposals for RCEA's Citizens Sourcing Program, and what is happening locally with the Green New Deal. www.350.org.

Citizen Sourcing Workshops. 1-2:30 p.m. Redwood Coast Energy Authority (RCEA), 633 Third St., Eureka. Give input on or suggest new energy-related projects that will benefit Humboldt County's Community Choice Energy Program ratepayers. Anyone with a compatible idea or vision is welcome to respond, prior experience with energy planning not required. Free. citizensourcing@redwoodenergy.org. redwoodenergy.org/get-involved/citizen-sourcing/. 269-1700.

Technical Assistance Workshop: Proposition 68. 9 a.m.-3 p.m. Wharfinger Building, 1 Marina Way, Eureka. The State of California will provide information and technical assistance on the development of Proposition 68 Statewide Parks and Community Revitalization grant application for up to $8.5 million per park. Grant submissions due July 1. Free. Luis.Saldana@parks.ca.gov. parks.ca.gov/pages/1008/files/SPP_Application_Workshops_1.23.2019.pdf.

ETC

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. New members welcome. Anyone with sewing or quilting experience or who wants to learn. Free.

Open Mic Thursdays at Peace Cafe. 7-9 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Participate, or simply relax and enjoy. Poets, troubadours, essayists, vocalists and extemporaneous speakers all get their 15 minutes of fame. Refreshments. Donations accepted. www.gracegoodshepherd.org

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. $5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

22 Friday

ART

Artist Lecture. 2-3:30 p.m. HSU Art B 102, 1 Harpst Street, Arcata. Humboldt State University's visiting artist lecture series presents San Francisco-based artist Jenny Odell. Free. rbg@humboldt.edu.

Drop-in Volunteering. 1-6 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Drop-in volunteering every Friday to help the creative reuse nonprofit. Free. volunteer@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

Presidents Week Camp SCRAP. 8:30 a.m.-3:30 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. See Feb. 21 listing.

COMEDY

Improv show. 7-9:30 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Films, songs, scenes and more created right before your eyes, with audience suggestions taken often. Free. damionpanther@gmail.com. www.oldtowncoffeeeureka.com. 497-9039.

Matt Gubser. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Matt Gubser is a staple of the San Francisco Bay Area comedy scene who performs across the US and Canada. Alexandria Love features. Josh Barnes opens. John McClurg hosts. $10. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Baile Terapia. Last Friday of every month, 7-8 p.m. The MGC, 2280 Newburg Road, Fortuna. Paso a Paso hosts dance therapy. Free. www.ervmgc.com. 725-3300.

LECTURE

***A Way With Words*.** 8 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The public radio show (heard locally on KHSU) and podcast about language examined through history, culture and family. Hosted by author/journalist Martha Barnette and lexicographer/linguist Grant Barrett. Sold Out.

MOVIES

***Donnie Darko* (2001).** 8 p.m. Arcata Theatre Lounge, 1036 G St. A troubled teenager is drawn into an alarming series of events that may or may not be a product of growing insanity. $5. www.arcatatheatre.com.

Fourth Friday Flix: *Dirty Dancing* (1987). 7:30 p.m. Eureka Theater, 612 F St. Jennifer Grey and Patrick Swayze star in this romantic drama dance film. $5. www.theeurekatheater.org.

THEATER

***Adaptations*.** 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 21 listing.

***Everybody*.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Feb. 21 listing.

Northcoast Prep Presents *The Oresteia*. 10-11 a.m. & 7:30-9:30 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. See Feb. 21 listing.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

President's Week Zoo Camp. 10 a.m.-3 p.m. Sequoia Park Zoo, 3414 W St., Eureka. See Feb. 21 listing.

Redwood Empire BMX - BMX Practice/Racing. 5-6 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Learn good sportsmanship and safety for kids of all ages. Friday and Sunday practices followed by racing. $2 practice, $5 ribbon race, $8 medal race, $11 trophy race. redwoodempirebmx1992@gmail.com. 845-0094.

Zumba Kids and Kids Jr.. 6-7 p.m. The MGC, 2280 Newburg Road, Fortuna. Every Friday night, instructor Vanessa Maloney. Open to kids ages 5 and up. $8, $5 prepay. ecooper@ervmgc.com. ervmgc.com. 725-3300.

SPORTS

Women's Climbing Night. 4-8 p.m. HSU Student Recreation Center, Humboldt State University (1 Harpst Street), Arcata. Climb in a supportive environment with the help of knowledgeable and experienced staff. All levels of experience welcome. $5. src@humboldt.edu. www2.humboldt.edu/centeractivities/activity/outdoor-adventures/indoor-climbing/womens-climbing-night. 826-4197.

ETC

A Call to Yarns. 12-1 p.m. Arcata Library, 500 Seventh St. Knit. Chat. Relax. Free. sparsons@co.humboldt.ca.us. 822-5954.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.northcoastpeoplesalliance.org.

23 Saturday

COMEDY

Mystery Crypt 420. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Matt Redbeard and a panel of comics riff on *Battle Field Earth.* Free. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

On the Spot Comedy. 7 p.m. Arcata Theatre Lounge, 1036 G St. An improv comedy showcase with audience input. You say it, they play it. Ages 10+ (parental guidance suggested). $7. www.arcatatheatre.com.

MUSIC

HSU Music Department. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Faculty members perform chamber music pieces. $5, $2 seniors/students/military, Free for HAC members, children younger then 17, and families w/an EBT card. www.humboldtarts.org.

Jeff Demark and the Gila Monsters present the Work Show. 8-10 p.m. Arcata Playhouse, 1251 Ninth St. Jeff DeMark and the Gila Monsters present the premiere of the Work Show - music and stories about work. Featuring stories by Jeff DeMark, Marvin Samuels, Michael Crowley, Janine Volkmar, Diana Heberger, Doc Stull and MC Charlie Gilbert. $10. 668-5450.

Live at HSU Folkdown. 6:30-8:45 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Benefit concert featuring HSU faculty, staff and administrators, including well-known local bands Tyger Byle and For Folk Sake, plus songs by Wayne Brumfield, Lonyx Landry and Tina Okoye. $15, $6 for HSU Students with student ID. cps@humboldt.edu.. 826-3961.

Records 4 Refugees. 12-7 p.m. Release DJ Arts, 5197 Ericson Way Suite E, Arcata. Pop Up shop and music featuring DJs, art, vinyl records, international goods and more. All proceeds go to overseas refugees. Free. azad.zandi@gmail.com. 415-999-4607.

Rita Hosking with Sean Feder. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. The Northern California singer/songwriter performs with multi-instrumentalist Sean Feder on dobro, banjo and guitar. $20.

Rosalind Parducci & Aleister Paige. 7-9 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. A musical collaboration featuring a variety of instruments and poetry. Guitar, dobro, bass, fiddle and vocals. Refreshments available. $5-$20 sliding scale. parduccimusic@protonmail.com. 273-0691.

THEATER

***Adaptations*.** 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 21 listing.

***Everybody*.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Feb. 21 listing.

Northcoast Prep Presents *The Oresteia*. 7:30-9:30 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. See Feb. 21 listing.

EVENTS

Arcata Chamber's Annual Business Leadership Awards. 5:30-9 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Business awards announced during dinner. Catering by Brett Shuler Fine Catering and Cassaro's Catering. Entertainment and live and silent auctions to raise funds for the Arcata Chamber. $65/person; $540/table of eight + two bottles of wine. Arcata@ArcataChamber.com.

Artists Dismantling Capitalism. 10 a.m.-5 p.m. Arcata Playhouse, 1251 Ninth St. More than a dozen presenters and art activists lead workshops, discussions and participatory art labs focused on local artists response to capitalism, racism and patriarchy. Lunch is included and childcare will be available. Sponsored by Cooperation Humboldt, Synapsis and Humboldt Artists Guild. 362-0333.

End of the Run and Steelhead Awards Party. 5-9 p.m. Mad River Brewing Company & Tap Room, 101 Taylor Way, Blue Lake. Organizers of Humboldt Steelhead Days announce the fishing contest winners. Silent auctions, drawings, giveaways, prizes, live music and speakers. www.madriverbrewing.com.

FOR KIDS

Family Workshop - Let's Talk About ... Scary Feelings.

1-2 p.m. Humboldt County Library, 1313 Third St., Eureka. Families are invited to address questions about feelings, scary news and current events together. Includes shared stories and conversation, craft and play activities for children and more discussion time for grownups. Facilitated by Wendy Kerr, M.S.W. Free. www.humlib.org. 269-1910.

Mermaid Party. 10 a.m.-noon. Arcata Community Pool, 1150 16th St. Raise funds for the second annual Arcata Fairy Festival in June. Swim, take photos, play games and visit with a mermaid. $10. dance@shoshannaland.com. 616-6876.

Story Time with Kathy Frye. Fourth Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave. Featuring puppets and more designed for children ages 0-5. Free. riohuml@co.humboldt.ca.us. 764-3333.

Storytime. 11:30 a.m. McKinleyville Library, 1606 Pickett Road. Stories for children and their parents. Free.

Storytime and Crafts. 11:30 a.m. Blue Lake Library, 111 Greenwood Ave. Followed by crafts at noon. Now with a Spanish and English story every first and third Saturday. Free. blkhuml@co.Humboldt.ca.us. 668-4207.

FOOD

Charles Washington Soul Food Dinner. 4-7 p.m. Eureka Woman's Club, 1531 J St. Eureka NAACP hosts its 49th annual dinner. Homemade food, live music and community. $20. www.eurekawomansclub.org. 775-338-1909.

Arcata Plaza Winter Farmers' Market. 10 a.m.-2 p.m. Arcata Plaza Farmers' Market, Eighth and I Street block. Fresh GMO-free foods direct from the farmers. Fruits and vegetables, humanely raised meats, pastured eggs, artisanal body products, plants, hot food stands and more. Free. info@humfarm.org. www.northcoastgrowersassociation.org. 441-9999.

GARDEN

Rose Pruning Demonstration. 10 a.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. The Humboldt Rose Society's rosarians explain, show and help attendees correctly prune roses. Bring pruning tools, as pruners will be sharpened at no charge. www.redwoodacres.com.

MEETINGS

Northcoast Mensa. 12-1 p.m. Samoa Cookhouse, 908 Vance Ave. The general manager of Redwood Television Partners, which owns KIEM and KVIQ TV, will speak. Redwood TV's Jenny Olszewski will talk about the station ownership and the plans. The forum is open to the public. Lunch is no-host. free. www.samoacookhouse.net.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. With leader Ken Burton. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Walk leader is Cindy Moyer. Free. www.rras.org/calendar.

Middle Creek Planting Party. 10 a.m.-2 p.m. Bear River Recreation Center, 265 Keisner Road, Loleta. Help plant native species along Middle Creek, near the Bear River Casino. River. Please bring a water bottle, coffee mug, work gloves. Wear water-resistant shoes and dress for the weather. Snacks, coffee and tea will provided in the morning for all volunteers. Volunteers will also receive free lunch after.

SPORTS

Humboldt Roller Derby. 6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Redwood Rollers take on San Fernando Valley Roller Derby. Doors at 5 p.m. $15, $12 advance, free for ages 10 and under. www.humboldtrollerderby.com.

ETC

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. $5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

24 Sunday

COMEDY

Two Mic Sundays. 5 p.m. Northtown Coffee, 1603 G St., Arcata. 9-11:30 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. At Northtown Coffee at 5 p.m. and Savage Henry Comedy Club at 9 p.m. Free. editor@savagahenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

MOVIES

***Sherlock Gnomes* (2018).** 6 p.m. Arcata Theatre Lounge, 1036 G St. When Gnomeo and Juliet return home to find that everyone in their garden is missing there's only one gnome to call: Sherlock Gnomes. Animated. $5. www.arcatatheatre.com.

MUSIC

Bayside Community Hall Music Project. 6-8 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Bandemonium, community activist street band, from 6-8 p.m. Bring wind instruments and drums. Free. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Jeff Demark and the Gila Monsters present the Work Show. 2-4 p.m. Arcata Playhouse, 1251 Ninth St. See Feb. 23 listing.

THEATER

***Adaptations*.** 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 21 listing.

EVENTS

2019 Red Carpet Gala. 4:30 p.m. Eureka Theater, 612 F St. Watch the Oscars in style, as the Humboldt-Del Norte Film Commission partners with the historic Eureka Theater to present the sixth annual event. $30, $25 advance. www.theeurekatheater.org.

FOR KIDS

Lego Club. 12:30-2 p.m. Redwood Discovery Museum, 612 G St., Eureka. For ages 4 and up. Free w/museum admission. www.discovery-museum.org.

Redwood Empire BMX - BMX Practice/Racing. 1-2:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. See Feb. 22 listing.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

I Can't Believe It's Vegan Potluck. 1-3 p.m. Humboldt Area Foundation, 363 Indianola Road, Bayside. Bring your favorite vegan versions of decadent main dishes, appetizers, desserts and treats. Also bring your own

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Eureka SYMPHONY
World Classics, North Coast Musicians

Tragedies & Triumphs

March 1st & 2nd at 8pm
at the Arkley Center for the Performing Arts

Tragic Overture Op. 81, Brahms

Favorite Opera Arias by Handel, Mozart, Puccini & Charpentier
Featured Soloist: Clara Lisle, soprano

Capriccio Espagnol, Rimsky-Korsakov

Concert Sponsor COLDWELL BANKER SELLERS REALTY

Arkley Center for the Performing Arts

Tickets available online at **www.eurekasymphony.org**
or by calling the Eureka Symphony ticket line at 707-845-3655
CASH ONLY "Rush" tickets available at the door (Student $10, Adult $15)
Children under 12 admitted FREE with paid adult ticket
(limit 2 children, order by phone only)

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Calendar

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place setting. Free, donations appreciated. www.vegsocietyhumboldt.blogspot.com.

OUTDOORS

Barr Property Walk. 10 a.m.-noon. Manila Community Services District, 1901 Park Street, Arcata. Join Friends of the Dunes naturalist Carol Vander Meer for a tour of its newest addition, the Barr Parcel. Be prepared for a moderate hike in soft sand. RSVP. Free. info@friendsofthedunes.org. friendsofthedunes.org. 444-1397.

ETC

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Walk for a Better Humboldt. 12:30-3:30 p.m. Eureka Labor Temple, 840 E St. Join North Coast People's Alliance volunteers walking door to door to ask people how local government can improve their community. Bring smart phone or tablet if you have one. Free. carrie@northcoastpeoplesalliance.org. northcoastpeoplesalliance.org/index.php/events/.

25 Monday

COMEDY

Adult Storytime. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Jessica Grant and Josh Barnes read and act out children's books. $5. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Baile Terapia. 7-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Paso a Paso host dance therapy. Free. jorge.matias@stjoe.org. 441-4477.

MUSIC

Humboldt Harmonaires. 7-9:30 p.m. First Congregational United Church of Christ, 900 Hodgson St., Eureka. Sing four-part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. Free. singfourpart@gmail.com. 445-3939.

Join the Scotia Band. 7:30-9 p.m. Fortuna High School, 379 12th St. Scotia Band invites Humboldt County woodwind, brass and percussion musicians (intermediate level and above) of all ages to join. The band rehearses Monday evenings in the Fortuna High Band Room and performs publicly throughout the year. Free. domenicbongoi@yahoo.com. 599-4872.

McKinleyville Community Choir Practice. 6:30-8:30 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. All choral voices are welcome with a particular call for male voices. Opportunities for solos and ensemble groups. $50 registration fee w/scholarships available. 839-2276.

GARDEN

Drop-in Garden Hours. 1-4:30 p.m. The RAVEN Project, 523 T St., Eureka. Learn how to grow a vegetable garden, compost, cook, and make garden crafts. For youth ages 10-21. Free. hmccarthy@rcaa.org. 672-9944.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

26 Tuesday

COMEDY

Trivia Tuesdays. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Teams of three. Three rounds. $5 entry fee per team. Real prizes $5. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Live music. All ages. $5. www.facebook.com/humboldt.grange. 725-5323.

MUSIC

Natalie MacMaster & Donnell Leahy. 7 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. Cape Breton's Celtic music fiddler and step-dancer Natalie MacMaster joins her husband Donnell Leahy, of the acclaimed Canadian band, and their children for a performance. $25-$49.

SPOKEN WORD

Queer Coffee House presentation: Three Lesbian Lives by Sue. 5:30-7:30 p.m. The RAVEN Project, 523 T St., Eureka. Sue will share stories about three friends who passed away recently: a vet who became anti-war, a musician and organizer involved in the early women's movement and a poet who reclaimed her native heritage. Free for anyone under 21.

MEETINGS

Humboldt Cribbers. Moose Lodge, 4328 Campton Road, Eureka. Humboldt Cribbage Club plays weekly. Seven games in summer and nine games during the season. $8. grasshopper60@aol.com. 444-3161.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games $1-$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Ave., Ferndale. Cards and pegs.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. See Feb. 21 listing.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 24 listing.

27 Wednesday

BOOKS

Book Talk to Celebrate John Steinbeck's Birthday. 4-5 p.m. Library Fishbowl, Humboldt State University, Arcata. Tom Gage's presentation "Captain Bill Jones & Steinbeck's *East of Eden*" explains the connections between John Steinbeck and Captain Bill Jones, and Gage's family who lived in the Salinas Valley during WWI. Free. kw1@humboldt.edu. library.humboldt.edu/node/1466. 826-5656.

Ray Troll: *Something Fishy This Way Comes.* 7-9 p.m. Northtown Books, 957 H St., Arcata. Presentation and book signing by the artist whose illustrations have become iconic in fishing, scientific and environmental activism communities globally. info@northtownbooks.com. www.northtownbooks.com/event/ray-troll-something-fishy-way-comes. 822-2834.

LECTURE

Seabirds of Trinidad Lecture. 6:30-7:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Learn about the Humboldt coast seabirds from biologist Russel Namitz of the North Coast Seabird Protection Network and how to get involved in the Trinidad Citizen

Seabird Monitoring Program. Free. info@friendsofthedunes.org. friendsofthedunes.org. 444-1397.

MOVIES

The Lois Wilson Story: When Love Is Not Enough. 7-8:30 p.m. Arcata Playhouse, 1251 Ninth St. Winona Ryder portrays Al-Anon co-founder, Lois Wilson in this 95 minute biopic. All ages welcome. Free. ncwsa.org/districts/district-01/. 443-1419.

Sci-Fi Pint & Fry Night: *PHOBE: The Xenomorphic Experiments* (1995). 6 p.m. Arcata Theatre Lounge, 1036 G St. $5. www.arcatatheatre.com.

MUSIC

Sweet Harmony Women's Chorus. 6-8 p.m. Arcata United Methodist Church, 1761 11th St. All-female barbershop-style chorus that sings a variety of music, including pop, jazz, gospel and Broadway show tunes in four-part, a cappella harmonies. Accepting new members. Ability to read music not required. barbershophumboldt@gmail.com. (802) 490-9455, 601-8219.

MEETINGS

Health Care for All/Physicians for a National Health Program. Fourth Wednesday of every month, 5-6 p.m. The Sanctuary, 1301 J St., Arcata. Learn about the benefits and cost savings of a single-payer healthcare system for California. Free. healthcareforallhumboldt@gmail.com. 805 844 6655.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. $5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. oss1ncrp@northcoast.com. www.baysidecommunityhall.org. 444-2288.

28 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Feb. 21 listing.

COMEDY

Just Joshin'. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Humboldt's Late Night Talk Show starring Josh Barnes. Guests, comedy, music. $5. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Feb. 21 listing.

MUSIC

Charles McPherson Quartet. 8 p.m. Arcata Playhouse, 1251 Ninth St. Jazz saxophone player with trio. $15, $10 students/seniors.

SPOKEN WORD

Jerry Martien & Thad Beckman Quartet. 8-10 p.m. Arcata Playhouse, 1251 Ninth St. Poet Jerry Martien returns to the Arcata Playhouse with Thad Beckman, Danny Montgomery, Gary Davidson and Fred Neighbor. Country blues backing up stories and lyrics of the Dust Bowl, the glaciers, humans and birds caught up in migration and the search for refuge. $15. David Ferney. www.arcataplayhouse.org. 822-1575.

THEATER

***Everybody*.** 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Feb. 21 listing.

FOR KIDS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See Feb. 21 listing.

MEETINGS

Toastmasters. Fourth Thursday of every month, noon. Redwood Sciences Laboratory, 1700 Bayview St., Arcata. Give and receive feedback and learn to speak with confidence. Second and fourth Thursdays. Visitors welcome.

SPORTS

HSU Women's Basketball vs. Sonoma State. 5:30-7:30 p.m. Lumberjack Arena, Humboldt State University, Arcata. Humboldt State women's basketball will take on Sonoma State. $10, free for HSU students, staff and faculty with valid i.d. card. kelly.kime@humboldt.edu. www.hsujacks.com. 826-3666.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. See Feb. 27 listing.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. See Feb. 21 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 21 listing.

Heads Up ...

The Summer Arts and Music Festival in Benbow is now accepting vendor/music applications. Vendors, go to www.mateel.org/vendors and select Summer Arts & Music Festival. Bands and performing artists submit EPK materials for consideration to bands@mateel.org or complete the application at www.mateel.org/june-1-2nd-summer-arts-music-festival.

Citizen Scientist Seabird Monitors wanted. Volunteers are needed to help gather information about seabird populations to help them and other marine wildlife to thrive along the Trinidad Coast. Two training sessions: Tuesday, March 12, 6:30-7:30 p.m. and in the field, Saturday, March 16, 8 a.m.-noon.For more information, visit www.trinidadcoastallandtrust.org. RSVP by email to Carol Vander Meer, Trinidad Coastal Land Trust director of community engagement, at carol@trinidadcoastallandtrust.org, or call 677-2501.

Soroptimist International of Arcata offers scholarships to seniors attending an Arcata high school and to a local student who will be attending HSU in the fall. Two Cynthia Schwenson Scholarships in the amount of $1,500 and $1,000 will be awarded to seniors attending high school in Arcata entering a community college, a four-year college or university, or a vocational school. Applications are now available in the counselor's office at Arcata High School. Applications due to the Arcata

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High School counselor by Monday, March 11. Call Patti Clinton, scholarship chair, at 822-9494.

College of the Redwoods' literary magazine is accepting submissions of original poetry and fiction. The submission period continues through noon on Mar. 27, 2019. For details visit www.redwoods.edu/departments/english/poets&writers and look under Campus Literary Magazines and then Eureka.

North Coast Open Studios is accepting artist and artisan manufacturer registrations for 2019. The deadline to register is Mar. 20. Registration is available at www.northcoastopenstudios.com. To receive a printed packet, email contact@northcoastopenstudios.com or call 442-8413.<.p>

Online registration is now open at www.godwitdays.org for the 24th Annual Godwit Days Spring Migration Bird Festival, held April 19-21, 2019 at the Arcata Community Center. Pre- and post-festival events extend the core dates from April 17 to 23.

HSU Wind Ensemble invites community musicians to attend open rehearsals (informal auditions) from Feb. 5 through Feb. 28, Tuesdays and Thursdays from 3-4:50 p.m. in Fulkerson Recital Hall at HSU. No cost. For more information, contact Paul Cummings: paul.cummings@humboldt.edu or phone 826-5435.

Open call for rebel craft rumble competitors. Applications can be picked up at SCRAP Humboldt at 101 H street Suite D, Arcata and are due by Feb. 22, with a $5 non-refundable application fee. For more information and to apply visit www.scraphumboldt.org/programs/rebel-craft-rumble.

The Eureka Street Art Festival seeks artists for the second annual event, taking place July 27-Aug. 3, 2019. Learn more and apply at www.eurekastreetartfestival.com. Applications are due March 25, 2019.

Friends of the Arcata Marsh and Redwood Region Audubon Society are co-sponsoring a student bird art contest in conjunction with Godwit Days and a student nature writing contest. For more details visit www.rras.org and www.arcatamarshfriends.org. Entries must be received by Friday, March 22.

The Humboldt Branch of Women's International League for Peace and Freedom seeks applications for its Edilith Eckart Memorial Peace Scholarship/Grant, designed to support projects promoting peace and/or social justice, locally or globally. Visit www.wilpfhumboldt.wordpress.com. Deadline is 4 p.m. on April 1. May mail applications to WILPF at P.O. Box 867, Arcata, 95518 or email wilpf@humboldt1.com. 822-5711.

Donations and consignments are now being accepted at the Humboldt Coastal Nature Center for the annual Get Outside Gear Sale, happening April 13. Stop by Wednesday through Sunday from 10 a.m. to 4 p.m. Call 444-1397 or visit friendsofthedunes.org/get-outside-gear-sale for more info.

Faben Artist Fund now accepting applications. Grant guidelines are posted at www.humboldtarts.org. Email Jemima@humboldtarts.org or 442-0278, ext. 205.

Humboldt International Film Fest call for entries. Independent filmmakers, share your art. Submission deadline: Feb. 15. Visit www.HSUfilmfestival.com to learn more.

The California Department of Fish and Wildlife Dove Banding Program seeks volunteers. More information at www.wildlife.ca.gov/Science-Institute.

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Scrapping *Alita*

Isn't It Romantic? earns a wink and a smile

By John J. Bennett
filmland@northcoastjournal.com

Of course I'm not high right now, honestly, why would you even ask? *Alita: Battle Angel*

Reviews

ALITA: BATTLE ANGEL. Well, shit. As I sit quietly with the fortunately fading memory of this movie, I am faced with dilemma: Did I even try to want to like it? Did I sacrifice that crucial tenet to preconceived notions, early onset joylessness and dismay at copycat world-building? As one might already have gleaned, I did not like *Alita: Battle Angel* (even the title seems clumsy and vaguely offensive from where I sit). But did I even give it a chance? Should I have bothered? Well, yes and no, as so often is the case.

Just because a movie is adapted from a given media (manga, let's say) said movie does not necessarily have to adhere to the aesthetic tenets of the source. Nobody seems to have gotten that memo, however, and so manga adaptations generally attempt to play like a comic reads on the page. Cinema — like comics, literature, music, painting and sculpture — is its own medium and need not ape the original art's medium — that art already exists. The movie version should transcend and transmute the source material into something that could not exist on the page. (It's a masking-tape-on-the-glasses distinction, I know.)

Perhaps I should have found hope in the hands of the adaptors of *Alita*. In my youth, I was a fairly devout Robert Rodriguez acolyte — more *Desperado* (1995) than *El Mariachi* (1992), as I'm a sucker for production value — reading and re-reading his book *Rebel Without a Crew*, espousing his frugal, anti-establishment doctrine, playing his soundtracks on loop and biting them for my own little (highly derivative) movie projects. And when he adapted Frank Miller with *Sin City* (2005), I thought he pulled off the trick of a reverential adaptation that brought new life to the material with some aplomb. (How well that adaptation, let alone its flat-footed sequel, will continue to age remains to be seen.) But it the last of his projects I liked; even *Machete* (2010) drew off most of the fun from a brilliant concept. And I didn't even realize James Cameron was involved until after the fact, which is probably for the best: That megalomaniac has been on my list for over 20 years now.

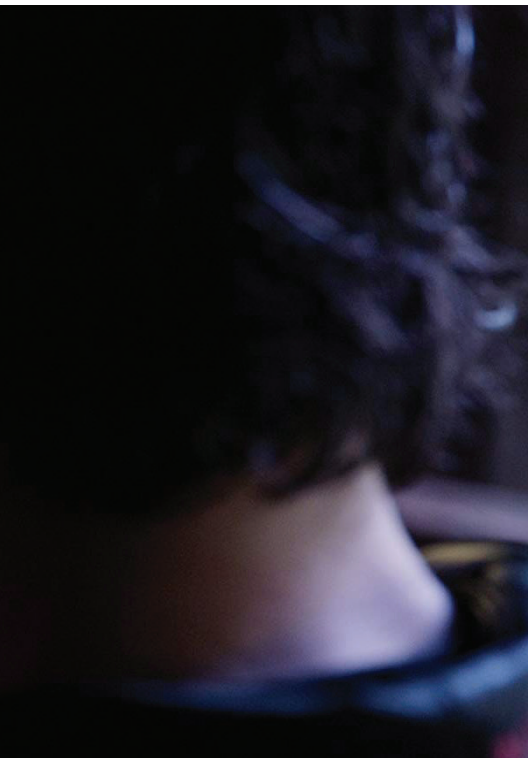
So yes, I had semi-subconsciously stacked the deck against *Alita* and the trailer was no help. But as I sit with my feelings about it, I think I gave it a fair chance. Maybe I'm looking for forgiveness from myself but that would be a first.

From the first frame, the formidable cast (Jennifer Connelly, Mahershala Ali, Christoph Waltz, Jeff Fahey, an unrecognizable Jackie Earle Haley and Rosa Salazar in the lead) could do nothing to win me back, nor did the immersive depth of field of the effects, because it was in service of a pallid, hackneyed vision of a dystopian future that started off copping elements from landmarks of science fiction (and from less significant works of cinema at large) and never seemed to let up.

Alita is a robot, or parts thereof, found on a scrap-heap in a squalid future city by a gifted cyborg surgeon (Waltz). He brings her back to life, partially in an effort to reanimate some semblance of his dead daughter. Turns out he's also a bounty hunter with an ambitious ex-wife with questionable motives (Connelly). She works for the chairman of the mega-sport Motorball (Ali), at which Alita is preternaturally adept because, natch, she was some sort of super soldier in her previous life. It just goes on and on and on, with a teen love story thrown in, leading to a non-climax in attempts to reach a city in the sky, followed by a blatant sequel set-up for a second installment we can only hope does not make it to production. *PG13. 122M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

ISN'T IT ROMANTIC. I harbor no particular disdain for romantic comedies: Their forebears, the screwball comedies of the 1930s and 1940s, boast some of the sharpest, funniest writing in American movie history. But they've become lazy, simple to dull, easy-money generators for incurious date-nighters happy to forget about a movie as soon as it ends. *Isn't It Romantic* may not buck that trend entirely but it manages to skewer some of the weaker elements of contemporary romantic comedy, while also celebrating some of the genre's classic, late-20th century moves.

Natalie (Rebel Wilson), a talented architect with little self-respect and less patience for notions of romance, is a bit of a doormat in her own life. That is, until she smashes her head on an I-beam in the subway and wakes up in a world defined by rom-com tropes. The dashing billionaire (Liam Hemsworth) becomes immediately smitten with her; her weirdo shut-in neighbor is now her offensively flamboyant Gay Best Friend (Brandon Scott Jones); the ignored co-worker who loves her (Adam Devine) has a swimsuit model (Priyanka Chopra) desperate to marry him; there are flower shops and cupcakeries on every corner; and musical numbers pop off spontaneously. Clearly this is not a world built to last and so Natalie sets out



to learn the Important Lesson that will send her home again.

Light and ultimately inconsequential, *Isn't It Romantic* remains noteworthy for its semi-wicked sense of humor, its balanced attitude toward beauty myths and cultural "norms" and the obvious love its makers have for the love stories of their collective youth. *PG13. 88M. BROADWAY, FORTUNA, MILL CREEK.*

— John J. Bennett

**Due to the holiday, listings for Broadway, Mill Creek and Fortuna were not available at press time. See showtimes at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards› Goat Miniplex 630-5000.*

Previews

COLD WAR. A tragic 1950s romance between Polish musicians (Tomasz Kot, Joanna Kulig), filmed in black and white. *R. 89M. MINOR.*

DO THE RIGHT THING (1989). Bed-Stuy boils over in the Spike Lee classic. MINOR.

FIGHTING WITH MY FAMILY. A young woman (Florence Pugh) from a family of traveling wrestlers takes her shot at the WWE. With Dwayne Johnson and Nick Frost. *PG13. 108M. BROADWAY, MILL CREEK.*

FORREST GUMP (1994). Run, Forrest. *PG13. 142M. BROADWAY.*

HOW TO TRAIN YOUR DRAGON: THE HIDDEN WORLD. This installment finds Hiccup (Jay Baruchel) looking for more creatures like his dragon buddy. BROADWAY, FORTUNA, MILL CREEK MINOR.

Continuing

AQUAMAN. James Wan directs the butched-up ocean superhero's (Jason Momoa) solo feature with Amber Heard and an army of CG sea creatures. *PG13. 143M. BROADWAY.*

COLD PURSUIT. Hans Petter Moland's "reimagining" of his own revenge drama *Kraftidioten* is a cold mess of improbable plot and character quirks without the storytelling foundation to support it. Starring Liam Neeson, best left in the snow. *R. 118M. BROADWAY.*

A DOG'S WAY HOME. Live action drama in which a lost dog (voiced by Bryce Dallas Howard) searches for her owner cross country. Starring Ashley Judd. *PG. 96M. FORTUNA.*

GLASS. Director M. Night Shyamalan brings characters from *Split* (James McAvoy) and *Unbreakable* (Samuel L. Jackson, Bruce Willis) together to complete the dark superhero set. *PG13. 129M. BROADWAY.*

GREEN BOOK. The cringe-worthy story of a racist white man driving a black concert pianist around the South in the '60s buoyed by Viggo Mortensen and Mahershala Ali's immersive performances. *PG13. 130M. MILL CREEK.*

HAPPY DEATH DAY 2U. For the sequel, Tree (Jessica Rothe) dies over and over again at the hands of a baby-masked killer, this time with her friends in tow. *PG13. 100M. BROADWAY, MILL CREEK.*

THE LEGO MOVIE: THE SECOND ONE. More blocky animated action starring the voices of Chris Pratt and Elizabeth Banks. BROADWAY, FORTUNA, MILL CREEK.

THE PRODIGY. Parents of a gifted boy grow frightened of his behavior. (Spoiler: Totally evil.) *R. 92M. BROADWAY, MILL CREEK.*

SPIDER-MAN: INTO THE SPIDER-VERSE. Inter-dimensional spider heroes team up in an animated adventure. Starring Shameik Moore, Jake Johnson and Hailee Steinfeld. *PG. 117M. BROADWAY, MILL CREEK.*

THEY SHALL NOT GROW OLD. Director Peter Jackson's World War I documentary. *R. 99M. BROADWAY.*

THE UPSIDE. An inexperienced parolee (Kevin Hart) becomes an assistant to a wealthy man with quadriplegia (Bryan Cranston). With Nicole Kidman. *PG13. 125M. BROADWAY, FORTUNA, MILL CREEK.*

WHAT MEN WANT. If this mind-reading comedy reboot makes a single penny, Taraji P. Henson should go back and remake every Mel Gibson movie ever. *R. 117M. BROADWAY, FORTUNA, MILL CREEK.*

THE WORLDS OF URSULA K. LEGUIN. Documentary about the iconic fantasy writer. *NR. 68M. MINIPLEX.*

— Jennifer Fumiko Cahill

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Workshops & Classes

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Listings must be paid in advance by check, cash or Visa/MasterCard.
Many classes require pre-registration.

Arts & Crafts

BEG & INT WATERCOLOR @ PLUM BLOSSOM STUDIO, ARCATA 6 Fridays; $120 (03/01-04/05) beg-int 9-11:30 am (6 spaces) www.thaoart.biz

STAINED GLASS Mar 5 - Apr 16. Call CR Workforce and Community Education for more information at (707)476-4500 (A-0221)

Dance/Music/Theater/Film

ARTISTS WHO ANIMATE is a gathering of folks who are interested in animation as art. Artists and art lovers are all welcome to come and share ideas, ask questions and inspire each other. Next gathering: 2/1/18 at 7:00 PM. For details, see: artistswhoanimate.com

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0328)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (D-0425)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri's. 11:30a.m.-12:30 p.m. Beginners Mon's 7:00p.m. -8:00p.m. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-0328)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0328)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Community Hall 6-7 p.m., 2297 Jacoby Creek Rd. $6. (707) 845-4307 marlajoy.zumba.com (F-0530)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0328)

PLANT INTELLIGENCE WITH BRIAN DYKSTRA. Explore the scientific debate over plant consciousness and intelligence. Tues., March 5 from 12:30-3:30 p.m. OLLI Members $40. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

ACTING UP 2 WITH JULIE ECCLES-BENSON. Explore more in-depth scene work, focus on script analysis, character motivation, as well as active listening and response. Wed., March 6-April 10 1-3 p.m. OLLI Members $90. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

ACTING UP: THE FUNDAMENTALS OF ACTING WITH JULIE ECCLES-BENSON. Use improvisation, text work and your life experience to up your acting skills in this safe, playful environment. Mon., March 4-April 8 from 1-2:30 p.m. OLLI Members $75. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

BALLET BASICS 2 WITH NANCY CALL. Appreciate the wonderful benefits of musicality, flexibility, strength, coordination, and balance. Students will continue the foundation steps learned in Ballet Basics 1. Tues. & Thurs., March 5-April 4 from 10:30 a.m.-noon. OLLI Members $140. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

BASICS OF TAI CHI CHUAN WITH JERRY MARTIEN. Students will practice slow movements on a waxed floor to improve balance, coordination, and well-being. Wed., March 6-April 10 from 10-11 a.m. OLLI Members $65. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

BRIDGE: INTERMEDIATE PLUS WITH ROBERT FORNES. Move beyond the regular Intermediate Bridge course to explore the subtleties and complexities of Bridge problems. Wed., March 6-April 3 (no class March 20) 1-3 p.m. OLLI Members $70. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

DEATH VALLEY & GRAND CANYON NATIONAL PARKS: THE TOUR WITHOUT THE DRIVE WITH JOHN PALMQUIST. Take a photo journey to see the highest and lowest points in the U.S. from the canyon rim to the Colorado River. Tues., March 5 & 12 from 6-8 p.m. OLLI Members $45. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

INTRODUCTION TO DIGITAL MEDIA WITH STEPHEN NACHTIGALL. Get an introduction to digital media using programs such as Adobe Photoshop, Illustrator, InDesign, and Premiere Pro. Sat., March 2-16 from 9-11 a.m. OLLI Members $60. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

SOLAR SYSTEM SERIES WITH MARK BAILEY. Explore the Solar System and spectacular recent discoveries. Focus will be upon how we know what we know about these still mysterious and stunning objects. Courses may be taken as a series or individually. Tues. & Thurs., Feb. 28-March 14 from 10:30 a.m.-12:30 p.m. OLLI Members $80 for the series or $20 for each class. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

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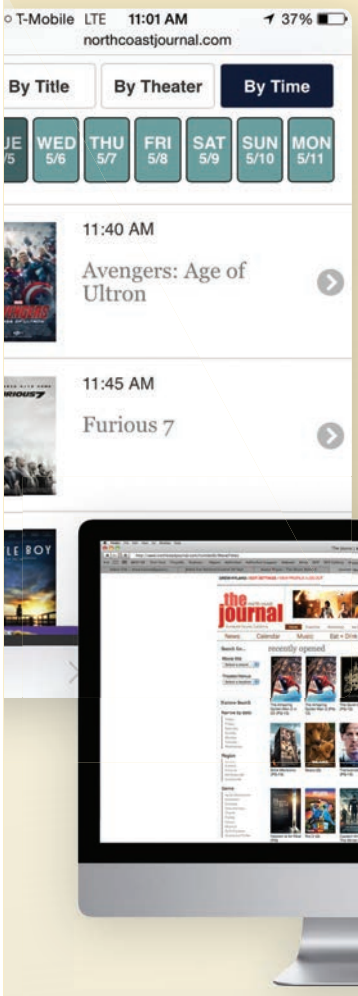

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Workshops

Continued from previous page

IPHONE BASICS WITH MIRIAM ELIZONDO. Get an overview of the iPhone, followed by an individual (or paired) session to address specifics about your phone. Tues., March 5 from 10:30 a.m.-1 p.m. OLLI Members $35. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

JUST SING 1 WITH CAROL RYDER. Using a variety of types of music, this class will focus on breathing for singing, extending vocal range, and building confidence in your own unique voice. Mon., March 4-April 1 from 10:30 a.m.-noon. OLLI Members $75. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

JUST SING 2 WITH CAROL RYDER. Using a variety of types of music, this class will focus on extending vocal range, independent singing, and exploring the more expressive elements of music. Wed., March 6-April 3 from 10:30 a.m.-noon. OLLI Members $75. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

NO ONE'S SLAVE: HIDDEN COMMUNITIES IN THE ANTEBELLUM SOUTH WITH MOLLY CATE. Throughout the Americas, people escaped enslavement by disappearing into the wild lands beyond plantations and towns. This course will focus on the under-recognized, free, autonomous communities maintained before the Civil War. Wed., March 6 & 13 from 10:30 a.m.-1 p.m. OLLI Members $45. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0221)

Personal Development

PASSION AND SELF-LEADERSHIP GROUP - Arcata starting 3/14. Facilitated by a counselor for people who want to improve their sense of personal & career fulfillment. For FREE INTRO meeting rsvp & brochure Call Susan: 707-633-5211. (P-0314)

Spiritual

EVOLUTIONARY TAROT Ongoing classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com carolyn@tarotofbecoming.com (S-0418)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are here to change lives with our love. Services at 9am and 11am on Sunday. Child care is provided at 9am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0228)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-0328)

SOTO ZEN MEDITATION Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, arcatazengroup.org Beginners welcome, call for orientation. (707) 826-1701 (S-0530)

Sports & Recreation

BECOME A RIVER GUIDE : R&R Guide School March 17-22 .Work Scholarships available www.redwoods-rivers.com 800-429-0090

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0328)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, McK 839-5691 (T-0808)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 707-825-0920, saahumboldt@yahoo.com (T-0530)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0328)

Vocational

EXCEL, ADVANCED Mar 26 - Apr 4. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

EXCEL, INTERMEDIATE Feb 26 - Mar 7. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

FREE AMERICAN SIGN LANGUAGE CLASSES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0221)

FREE BEGINNING LITERACY CLASS Call College of The Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0214)

FREE COMPUTER SKILLS CLASS Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0214)

FREE ENGLISH AS A SECOND LANGUAGE CLASSES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0214)

FREE GED/HISET PREPARATION Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0221)

FREE LIVING SKILLS FOR ADULTS WITH DISABILITIES Call College of the Redwoods Adult Education at 70-7476-4520 for more information or come to class to register. (V-0214)

FROM VINE TO TABLE. Wine Certificate Program. Start with the class Wine Sensory Evaluation & Service on Sat., March 9. Register: 707-826-3731 or www.humboldt.edu/wine (V-0221)

INCIDENT SAFETY AWARENESS FOR HIRED VENDORS Fire safety trainings for hired vendors in March & April! Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

INTERMEDIATE MICROSOFT EXCEL. Go beyond the basics! Wed., Feb. 27 - March 27. Evenings at HCOE. Register: 707-826-3731 or www.humboldt.edu/extended (V-0221)

JAPANESE 101. Learn introductory Japanese language. Wed., March 13 - April 3. 6-8 p.m. HSU Campus. $85. Register:707-826-3731 or www.humboldt.edu/extended (V-0221)

LEARN TO CODE! Learn the high-demand skills to succeed in the tech industry. Immersive and part time offered. Break into tech! Build apps, websites and learn programming! alistersdsu@yahoo.com www.HumboldtCodeAcademy.com

PHARMACY TECHNICIAN April 1 - May 27. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

PROFESSIONAL LETTER WRITING AND EMAIL STRATEGIES Mar 12 - 28. Call CR Workforce and Community Education for more Information at (707) 476-4500. (V-0221)

SECURITY GUARD TRAINING AND CPR Mar 25 - Apr 24. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

SERVSAFE MANAGER CERTIFICATE One day training Mar 19th! Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

TRUCK DRIVING Informational meetings Feb 26th, 28th or Mar 5th. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

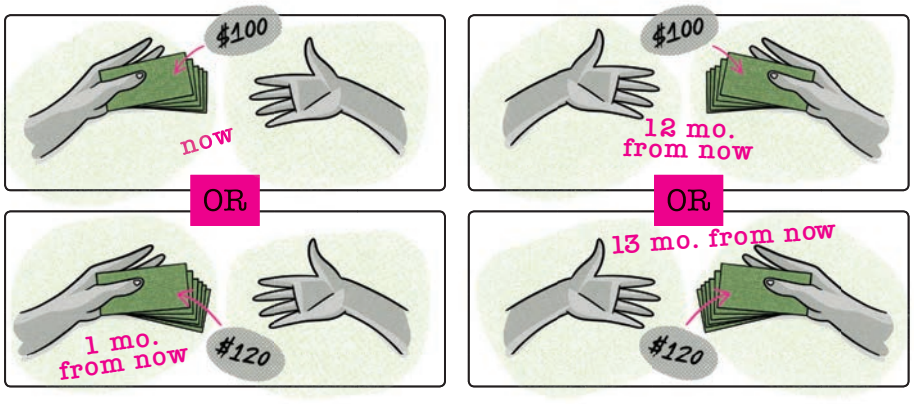
WILDLAND FIRE SCHOOL 2019 Mar 18 - 22. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0221)

Wellness & Bodywork

AYURVEDA AWESOMENESS! WITH TRACI WEBB. AYURVEDA LIFE MASTERY!: 9_Month SELF-HEALING PROGRAM & AYURVEDA HEALTH & LIFE COACH TRAINING (doubles as Part 1 of AYURVEDIC PRACTITIONER TRAINING. Create radiant health, reclaim your bliss, establish nourishing daily routines, deepen your ayurvedic knowledge & toolchest (nutrition, psychology, herbs, aromatherapy, yoga, +more), clarify your vision, become your own best friend, find your voice, heal your heart, manage your time instead of it managing you, get the kind of ongoing professional guidance & community support you need to create deep & lasting change & create the life of your dreams! Includes 9-month Coaching Internship, Self-Care Immersion (see below) Group Detox. Starts May 7. Make a difference not just a living. Register Early-$500 OFF! AYURVEDIC SELF-CARE IMMERSION: May 11-12, Learn to take exquisite care of yourself including: Self-Massage, Body Scrubs, Facial/Sinus Steam, Oral, Ear & Eye Care. Includes Daily Lunch & Yoga, $197 by April 19 ($249 after). Professional REGISTER: www.ayurvedicliving.com (707) 601-9025 (W-0509)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Beginning with Herbs. Sept 18 - Nov 6, 2019, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10-Month Herbal Studies Program. Feb - Nov 2020. Meets one weekend per month with three camping trips. Learn in-depth material medica, plant identification, flower essences, wild foods, formulations and harvesting. Springtime in Tuscany: An Herbal Journey. May 25 - June 5, 2019. Immerse yourself fully in the healing traditions, art, architecture, and of course the food of an authentic Tuscan villa! Register online www.dandelionherb.com or call (707) 442-8157. (W-0328)

DEEP TISSUE THERAPY AT LOVING HANDS INSTITUTE OF HEALING ARTS. 120 contact hours Feb 25-April 4 M-Th 5:30-9:30pm (3 Sat sessions 9-5:30). Learn advanced techniques that are directed toward the deeper tissue structures of the muscle and fascia. Pre-requisite 150 contact hours in Swedish or equivalent. (W-0221)



Delusion is My (and Your) Middle Name

We tend to compress time according to how far it is from the present. Test yourself: Would you prefer $100 today or $120 in a month? How about $100 a year from now, or $120 a month later?

Illustration by Jacqui Langeland

By Barry Evans
fieldnotes@northcoastjournal.com

Quick quiz: Would you rather receive $100 right now or $120 a month from now?

Most people take the $100 right now, despite the extraordinary offer of 20 percent per month interest. Let's do that again. Would you take $100 a year from now or $120 13 months from now? Most people choose $120, even though the payoffs are identical — we tend to compress time according to how far it is from the present.

This is called present bias, one of nearly 200 (you can peruse a list on Wikipedia) innate cognitive biases that have been uncovered by researchers. Present bias is what makes saving for retirement so difficult: We'd rather spend the money on ourselves today than, in effect, give it to a "stranger" years from now.

Another bias, with profound and disastrous consequences, is the sunk-cost fallacy. When President Trump announced in 2017 he was ordering more troops to Afghanistan on the basis of "the tremendous sacrifices that have been made, especially the sacrifices of lives," he was echoing George Bush's 2006 rational for staying in Iraq: "I'm not going to allow the sacrifice of 2,527 troops who have died in Iraq to be in vain, by pulling out before the job is done." In both cases, of course, the justification is bull patties.

The sunk-cost fallacy is what keeps us hanging on to worthless shares, staying in an unhappy marriage (in which you've "invested" years of your life) or not quitting the job we hate (after all those years of college). See "Physics' Beautiful Crisis," Dec. 6, 2018, for how physicists may be similarly deluded into following unproductive research.

I'm a huge fan — that is, I'm consistently deluded by — the actor-observer bias. This is where we judge others' behavior by overemphasizing the influence of personality and underestimating the influence of their situation. ("If she just put her mind to it, she'd lose weight," rather than "No wonder she eats junk food — she doesn't have the time or money to eat healthily, given her family situation.") Meanwhile, when judging our own actions, we tend to attribute our bad choices to the situation ("I was blinded by the sun in my eyes"), not our personality ("I was being an idiot driving so fast") — the opposite of how we judge others.

If you were persuaded in February of 2015 when James Inhofe of Oklahoma, then chairman of the Senate Environment and Public Works Committee, brought a snowball onto the Senate floor to "disprove" global warming, you were indulging in base rate neglect, the fallacy of glomming onto individual examples and anecdotes more than statistics. (In this case, statistics accepted by over 98 percent of climate scientists showing that the planet has warmed by 1.5 degrees Fahrenheit on average since the start of the Industrial Revolution, mirroring atmospheric carbon dioxide levels.)

Hmm. This column seems to be taking longer than I imagined. Could that be anything to do with my optimism bias, in which I (that is, we) underestimate cost and time of every project undertaken?

The interesting thing is just why we're saddled with all these cognitive biases. Turns out, they probably worked to our advantage millions of years ago on the African savannah, when our brain circuits were being formed. Present bias, for instance: Who knew if you were going to be around next month, given the high mortality rate during the Pleistocene? It's a fun exercise to follow through with some of the other common biases, to see how they might have served us back then, when survival was so hit and miss. Unfortunately, we're still stuck with them. ●

Barry Evans (barryevans9@yahoo.com) wonders how someone who believes they're not deluded could check?

Legal Notices

Continued on next page »

NOTICE OF PETITION TO ADMINISTER ESTATE OF CONSTANCE JEANNE COOK aka CONSTANCE J COOK CASE NO. PR180285

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of CONSTANCE JEANNE COOK aka CONSTANCE J COOK
A PETITION FOR PROBATE has been filed by Petitioner KATHRYN WALTON
In the Superior Court of California, County of Humboldt. The petition for probate requests that KATHRYN WALTON be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on February 21, 2019 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
PETITIONER:
KATHRYN WALTON
4630 Meyers Ave, Apt A
Eureka, CA 95503
707-339-8990
Filed: November 21, 2018
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

2/7, 2/14, 2/21 (19-044)

NOTICE OF PETITION TO ADMINISTER ESTATE OF CORINNE VIVIAN MOEN CASE NO. PR190017

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of CORINNE VIVIAN MOEN
A PETITION FOR PROBATE has been filed by Petitioner VIVIAN E. DENISTON
In the Superior Court of California, County of Humboldt. The petition for probate requests that VIVIAN E. DENISTON be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on February 2, 2019 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
ATTORNEY FOR PETITIONER:
Leon A. Karjola
732 Fifth Street, Suite C
Eureka, CA 95501
707-445-0804
Filed: January 29, 2019
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

2/7, 2/14, 2/21 (19-043)

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST TITLE ORDER NUMBER: 165178 LOAN: DEW CLAW, LLC FILE: PFI-181199 A.P.N.: 522-521-001-000 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/10/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

NOTICE is hereby given that PLACER FORECLOSURE, INC., as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by: SUPPLY CREEK PARCEL 13 LLC, A CALIFORNIA LIMITED LIABILITY COMPANY Recorded 12/21/2012 as Instrument No. 2012-030816-7 in book , page of Official Records in the office of the Recorder of HUMBOLDT County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 10/26/2018 in Book , Page, as Instrument No. 2018-019384 of said Official Records, WILL SELL on 02/27/2019 At the front entrance to the County Courthouse at 825 5th Street, Eureka, CA 95501 at 11:00AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: See Exhibit "A" Attached hereto and made a part hereof EXHIBIT A LEGAL DESCRIPTION That real property situate in the County of Humboldt, State of California, described as follows: PARCEL ONE: The West Half of the Southeast Quarter and the Southeast Quarter of the Southwest Quarter of Section 20, and the Northwest Quarter of the Northeast Quarter of Section 29, Township 7 North, Range 4 East, Humboldt Meridian. Being the same parcel described in Certificate of Subdivision Compliance recorded September 30, 2011 as Instrument No. 2011-20429-2, Humboldt County Official Records. PARCEL TWO: A non-exclusive easement

for ingress, egress and utilities for all purposes across strips of land 60 feet wide, as further described in and subject to the terms of that certain document entitled "Reciprocal Road Easement" executed by C. Robert Barnum, et al, and recorded March 24, 2010 as Instrument No. 2010-6151-20, Humboldt County Official Records. PARCEL THREE: A perpetual easement for all lawful vehicle, pedestrian and utility access, not more than sixty (60) feet in width over, under, across and through a strip of land the center line of which is the center line of the existing road crossing the most Northwesterly comer of Parcel One in Deed recorded April 9, 2010 as Instrument No. 2010-7356-5, Humboldt County Official Records. PARCEL FOUR: Non-exclusive easements for ingress, egress and utilities for all purposes across strips of land 60 feet wide, further shown as "GRANTED EASEMENT" on the Map attached to Deed recorded July 23, 2013 as Instrument No. 2013-017173-4, Humboldt County Records, as Exhibit "B-1". APN: 522-521-001-000 The property address and other common designation, if any, of the real property described above is purported to be: VACANT LAND: WILLOW CREEK, CA 95573 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown herein. Total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: $91,102.61 In addition to cash, the trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case PFI-181199. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: 01/28/2019 PLACER FORECLOSURE, INC., as said Trustee 12190 Herdal Drive, Suite 9 Auburn, California 95603 (530) 888-8411 By: SHANNON WINFORD, TRUSTEE SALE OFFICER DIRECTIONS MAY BE OBTAINED PURSUANT TO A WRITTEN REQUEST SUBMITTED TO THE BENEFICIARY C/O PLACER FORECLOSURE, INC., 12190 HERDAL DR., SUITE 9, AUBURN, CA 95603, WITHIN 10 DAYS OF THE FIRST PUBLICATION OF THIS NOTICE. PLACER FORECLOSURE, INC. IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0348249 To: NORTH COAST JOURNAL

02/07/2019, 02/14/2019, 02/21/2019 19-042

T.S. No. 054449-CA APN: 526-071-027-000, 526-071-028-000 NOTICE OF TRUSTEES SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 9/4/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER

On 3/12/2019 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 9/11/2007, as Instrument No. 2007-27172-22, , of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: VIOLA MARIE LONG, A MARRIED WOMAN AS HER SOLE AND SEPARATE PROPERTY WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERS CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: more fully described on said Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 115 HIGHWAY 96 HOOPA, CALIFORNIA 95546 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: $81,700.20 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 054449-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive San Diego, California 92117

2/14, 2/21, 2/28 (19-052)

Title Order No. 05937234 Trustee Sale No. 83366 Loan No. 9160033306 APN 203-261-052-000 NOTICE OF TRUSTEES SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On 3/12/2019 at 11:00 AM, CALIFORNIA TD SPECIALISTS as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 11/6/2006 as Instrument No. 2006-32449-14 in book N/A, page N/A of official records in the Office of the Recorder of Humboldt County, California, executed by: PAUL E. ROLLINS AND CYNTHIA M. ROLLINS, HUSBAND AND WIFE AS JOINT TENANTS , as Trustor U.S. BANK NATIONAL ASSOCIATION ND. , as Beneficiary WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashiers check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: Outside the front entrance to the County Courthouse located at 825 5th Street, Eureka, CA 95501, NOTICE OF TRUSTEES SALE continued all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California described the land therein: LOT 3 OF TRACT NO. 365, ST. MICHAEL ESTATES SUBDIVISION UNIT NO. 1, IN THE CITY OF FORTUNA, COUNTY OF HUMBOLDT, STATE OF CALIFORNIA, ON FILE IN THE OFFICE OF THE COUNTY RECORDER, IN BOOK 20 OF MAPS, PAGE 43. The property heretofore described is being sold as is. The street address and other common designation, if any, of the real property described above is purported to be: 2935 REBECCA LN FORTUNA CA 95540. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of trusts created by said Deed of Trust, to-wit $259,101.59 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election of Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. DATE: 2/7/2019 CALIFORNIA TD SPECIALIST, as Trustee 8190 EAST KAISER BLVD., ANAHEIM HILLS, CA 92808 PHONE: 714-283-2180 FOR TRUSTEE SALE INFORMATION LOG ON TO: www.stoxposting.com CALL: 844-477-7869 PATRICIO S. INCE, VICE PRESIDENT CALIFORNIA TD SPECIALIST IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorders office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed or trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 844-477-7869, or visit this internet Web site www.stoxposting.com, using the file number assigned to this case T.S.# 83366. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. CALIFORNIA TD SPECIALISTS Attn: Teri Snyder 8190 East Kaiser Blvd. Anaheim Hills, CA 92808

2/14, 2/21, 2/28 (19-050)

Public Notice

A copy of the 2018 Annual Report of the Humboldt Library Foundation can be requested by calling 707-269-1991 or sending an email to hlf@humboldt1.com.

LEGALS?

County Public Notices
Fictitious Business
Petition to Administer Estate
Trustee Sale
Other Public Notices

442-1400 ×314

FICTITIOUS BUSINESS NAME STATEMENT 19-00098

The following person is doing Business as
MAVERICK AND HAYWOOD

Humboldt
295 E St
Arcata, CA 95521
827 Villa Way
Arcata, CA 95521

Michael S Barker
827 Villa Way
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Michael Barker, Owner
This statement was filed with the County Clerk of Humboldt County on February 7, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

2/14, 2/21, 2/28, 3/7 (19-051)

FICTITIOUS BUSINESS NAME STATEMENT 19-00023

The following person is doing Business as
3 FOX STUDIO

Humboldt
340 10TH St
Arcata, CA 95521

Leon F Villagomez
340 10th St
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Leon Villagomez, Owner
This statement was filed with the County Clerk of Humboldt County on January 8, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-030)

FICTITIOUS BUSINESS NAME STATEMENT 19-00034

The following person is doing Business as
HUMBOLDT BEER DISTRIBUTORS

Humboldt
202 Commercial St
Eureka, CA 95501

LAPCO Beer Distributing, INC.
CA 676715
202 Commercial St.
Eureka, CA 95501

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Scott Cooper, Vice President
This statement was filed with the County Clerk of Humboldt County on January 14, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-029)

FICTITIOUS BUSINESS NAME STATEMENT 19-00010

The following person is doing Business as
HUMBOLDT ARTISANS GROUP

Humboldt
1302 G Street
Eureka, CA 95501

CJ Idea Factory Inc
CA C4222410
1302 G Street
Eureka, CA 95501

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Christina Swingdler, President
This statement was filed with the County Clerk of Humboldt County on January 3, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-033)

FICTITIOUS BUSINESS NAME STATEMENT 19-00035

The following person is doing Business as
SOUTH FORK MOUNTAIN SPRING WATER CO.

Humboldt
202 Commercial St
Eureka, CA 95501

Aldon LLC
CA 200303210069
202 Commercial St.
Eureka, CA 95501

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Scott Cooper, Vice President
This statement was filed with the County Clerk of Humboldt County on January 14, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-028)

FICTITIOUS BUSINESS NAME STATEMENT 19-00044

The following person is doing Business as
REDWOOD SURF

Humboldt
1 Samoa Court
Samoa, CA 95564

Terry J. Yaeger
1 Samoa Court
Samoa, CA 95564

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Terry J. Yaeger, Owner
This statement was filed with the County Clerk of Humboldt County on January 15, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-037)

FICTITIOUS BUSINESS NAME STATEMENT 19-00072

The following person is doing Business as
BAYSIDE BOOKS

Humboldt
64 Sunny Brae Center
Sunny Brae, CA 95521
2427 Plunkett Rd
Bayside, CA 95524

Tara K Blaine
2427 Plunkett Rd
Bayside, CA 95524

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Tara Blaine, Individual Owner
This statement was filed with the County Clerk of Humboldt County on January 17, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/14, 2/21, 2/28, 3/7 (19-048)

FICTITIOUS BUSINESS NAME STATEMENT 19-00045

The following person is doing Business as
SEMPERVIRENS GARDENING

Humboldt
1240 McMahan Street Apt B
Arcata, Ca 95521

Carlos Alvarado Sanchez
1240 McMahan Street Apt B
Arcata, Ca 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Carlos Alvarado Sanchez, Owner
This statement was filed with the County Clerk of Humboldt County on January 22, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-045)

FICTITIOUS BUSINESS NAME STATEMENT 19-00106

The following person is doing Business as
RED'S LIQUOR

Humboldt
411 W Harris St
Eureka, Ca 95503
PO Box 5586
Eureka, CA 95502

Amy C. Simpson
906 Allard Ave
Eureka, CA 95503
Troy Kuhlman
2947 Cheryl Ln
Fortuna, CA 95540

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Amy Simpson, Owner
This statement was filed with the County Clerk of Humboldt County on February 13, 2019
KELLY E. SANDERS
by ss, Humboldt County Clerk

2/21, 2/28, 3/7, 3/14 (19-055)

FICTITIOUS BUSINESS NAME STATEMENT 19-00074

The following person is doing Business as
RASCALS FAMILY FARM

Humboldt
500 Doreen Dr
Honeydew, CA 95545
PO Box 12
Honeydew, CA 95545

Norma J Orlando
500 Doreen Dr
Honeydew, CA 95545
James J Orlando
500 Doreen Dr
Honeydew, CA 95545

The business is conducted by a Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Norma S Orlando, Owner
This statement was filed with the County Clerk of Humboldt County on January 25, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-027)

NOTICE INVITING BIDS

1. Bid Information. The City of Fortuna ("Owner"), will accept bids for its Hillside Creek Plant Propagation and Delivery Project ("Project"), by or before February 28, 2019, at 10:00 A.M., Fortuna City Hall, located at 621 11th Street, Fortuna, California, or by email to kcarter@ci.fortuna.ca.us, at which time the bids will be publicly opened and read aloud. Owner reserves the right to reject any and all bids and to waive any non-substantive irregularities.

   Contract documents, in pdf format, may be obtained by contacting the City of Fortuna:

   Kevin Carter
   Deputy Director of Public Works
   City of Fortuna
   PO Box 514
   Fortuna, CA 95540
   (707) 725-1472
   kcarter@ci.fortuna.ca.us

2. Project Information.
   2.1 Location and Description. The Project is located within the City of Fortuna on Hillside Creek at its confluence with Rohner Creek and from North Fortuna Boulevard to Rohnerville Road and is described as follows:

   Plant propagation and delivery of native riparian and wetland species for stream restoration and flood management project.

   2.2 Time for Completion. The planned timeframe for delivery of plants is: December 1-15, 2019

NCJ HUM PLATE
Devouring Humboldt's best kept food secrets.
northcoastjournal.com/HumPlate
Have a tip? Email jennifer@northcoastjournal.com

Hiring?
Post your job opportunities in the *Journal.*
442-1400 ×314
classified@northcoastjournal.com

FICTITIOUS BUSINESS NAME STATEMENT 19-00045

The following person is doing Business as
ELLSWORTH PERFORMANCE

Humboldt
3990 Broadway St
Eureka, CA 95503

Tim R Ellsworth
1637 Carson Woods Rd
Fortuna, CA 95540
Dennis R Ellsworth
5485 Zeck Ln
Eureka, CA 95503

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Tim Ellsworth, Co-Owner
This statement was filed with the County Clerk of Humboldt County on January 15, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-040)

FICTITIOUS BUSINESS NAME STATEMENT 19-00057

The following person is doing Business as
BLACK DOG BUILDING

Humboldt
2444 Old Arcata Rd
Bayside, CA 95524
PO Box 503
Arcata, CA 95518

Craig M Wasko
2444 Old Arcata Rd
Bayside, CA 95524

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Craig Wasko, Owner/Operator
This statement was filed with the County Clerk of Humboldt County on January 18, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-032)

FICTITIOUS BUSINESS NAME STATEMENT 19-00064

The following person is doing Business as
JADE STAR HERBALS

Humboldt
199 Hope Lane
Redway, CA 95560
PO Box 263
Redway, CA 95560

Jayme D Stark
199 Hope Lane
Redway, CA 95560

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Jayme D Stark, Owner
This statement was filed with the County Clerk of Humboldt County on January 22, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-026)

FICTITIOUS BUSINESS NAME STATEMENT 19-00070

The following person is doing Business as
REBEL FITNESS

Humboldt
3750 Harris Street
Eureka, CA 95503
2120 Bigham Court
Eureka, CA 95503

Rebel Fitness & Nutrition LLC
CA 201900110554
2120 Bigham Court
Eureka, CA 95503

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Katie Berrey, Owner
This statement was filed with the County Clerk of Humboldt County on January 24, 2019
KELLY E. SANDERS
by kl, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-034)

FICTITIOUS BUSINESS NAME STATEMENT 19-00101

The following person is doing Business as
BENBOW HISTORIC INN

Humboldt
445 Lake Benbow Drive
Garberville, CA 95542

John E Porter
7705 Benbow Drive
Garberville, CA 95542
John R MacDonald
1990 Holly Street
Eureka, CA 95503

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s John E. Porter, Partner
This statement was filed with the County Clerk of Humboldt County on February 8, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

2/14, 2/21, 2/28, 3/7 (19-047)

FICTITIOUS BUSINESS NAME STATEMENT 19-00108

The following person is doing Business as
CLASS V COMPANY

Humboldt
234 MCCovey Flat
Hoopa, CA 95546
PO Box 234
Hoopa, CA 95546

Joseph A Marshall
234 McCovey Flat
Hoopa, CA 95546

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Joseph Marshall, Owner
This statement was filed with the County Clerk of Humboldt County on February 13, 2019
KELLY E. SANDERS
by counter, Humboldt County Clerk

2/21, 2/28, 3/7, 3/14 (19-056)

FICTITIOUS BUSINESS NAME STATEMENT 19-00116

The following person is doing Business as
ROSEGOLD

Humboldt
830 G St, Suite 260
Arcata, CA 95521
300 Hidden Valley Rd
Arcata, CA 95524

Courtney T Ramos
300 Hidden Valley Rd
Arcata, CA 95524

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Courtney Ramos, Owner
This statement was filed with the County Clerk of Humboldt County on February 15, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

2/21, 2/28, 3/7, 3/14 (19-054)

FICTITIOUS BUSINESS NAME STATEMENT 19-00067

The following person is doing Business as
MISTWOOD MONTESSORI SCHOOL

Humboldt
1801 Tenth Street
Eureka, CA 95501

Patricia H. Frink
8073 Berta Road
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Patricia Frink, Owner
This statement was filed with the County Clerk of Humboldt County on January 23, 2019
KELLY E. SANDERS
by ss, Humboldt County Clerk

1/31, 2/7, 2/14, 2/21 (19-031)

Let's Be Friends
@northcoastjournal
@ncj_of_humboldt

FICTITIOUS BUSINESS NAME STATEMENT 19-00084

The following person is doing Business as
GEMINI ENTERPRISES

Humboldt
2445 Redwood Street
Eureka, CA 95503

Michael C. Coragliotti
2445 Redwood Street
Eureka, CA 95556
Timothy A. Coragliotti
2445 Redwood Street
Eureka, CA 95556
Roberta A. Coragliotti
2445 Redwood Street
Eureka, CA 95556

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Michael C. Coragliotti, General Partner
This statement was filed with the County Clerk of Humboldt County on January 30, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-039)

FICTITIOUS BUSINESS NAME STATEMENT 19-00088

The following person is doing Business as
ROCK-N-ROSE

Humboldt
1785 Mygina Ave
McKinleyville, CA 95519

Cynthia A Annotto
1785 Mygina Ave
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Cynthia Annotto
This statement was filed with the County Clerk of Humboldt County on February 1, 2019
KELLY E. SANDERS
by se, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-038)

FICTITIOUS BUSINESS NAME STATEMENT 19-00069

The following person is doing Business as
DZC ARCHAEOLOGY CONSULTING

Humboldt
2370 Lindstrom Ave
Samoa, CA 95564

Dimitra A Zalarvis-Chase
2370 Lindstrom Ave
Samoa, CA 95564

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars ($1,000).
/s Dimitra A. Zalarvis-Chase, Owner
This statement was filed with the County Clerk of Humboldt County on January 24, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

2/7, 2/14, 2/21, 2/28 (19-041)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME HILLARY CLAIRE MAIN CASE NO. CV190099 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
HILLARY CLAIRE MAIN
for a decree changing names as follows:
Present name
HILLARY CLAIRE MAIN
to Proposed Name
MAIA LI BLACK
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: April 5, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: February 6, 2019
Filed: February 6, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

2/21, 2/28, 3/7, 3/14 (19-057)

Free Will Astrology

Week of Feb. 21, 2019

By Rob Brezsny
freewillastrology@freewillastrology.com

ARIES (March 21-April 19): In December 1915, the California city of San Diego was suffering from a draught. City officials hired a professional "moisture accelerator" named Charles Hatfield, who promised to make it rain. Soon Hatfield was shooting explosions of a secret blend of chemicals into the sky from the top of a tower. The results were quick. A deluge began in early January of 1916 and persisted for weeks. Thirty inches of rain fell, causing floods that damaged the local infrastructure. The moral of the story, as far as you're concerned, Aries: When you ask for what you want and need, specify exactly how much you want and need. Don't make an open-ended request that could bring you too much of a good thing.

TAURUS (April 20-May 20): Actors Beau Bridges and Jeff Bridges are brothers born to parents who were also actors. When they were growing up, they already had aspirations to follow in their mom's and dad's footsteps. From an early age, they summoned a resourceful approach to attracting an audience. Now and then they would start a pretend fight in a store's parking lot. When a big enough crowd had gathered to observe their shenanigans, they would suddenly break off from their faux struggle, grab their guitars from their truck, and begin playing music. In the coming weeks, I hope you'll be equally ingenious as you brainstorm about ways to expand your outreach.

GEMINI (May 21-June 20): According to Edward Barnard's book *New York City Trees*, a quarter of the city is shaded by its 5.2 million trees. In other words, one of the most densely populated, frantically active places on the planet has a rich collection of oxygen-generating greenery. There's even a virgin forest at the upper tip of Manhattan, as well as five botanical gardens and the 843-acre Central Park. Let's use all this bounty-amidst-the-bustle as a symbol of what you should strive to foster in the coming weeks: refreshing lushness and grace interspersed throughout your busy, hustling rhythm.

CANCER (June 21-July 22): As a poet myself, I regard good poetry as highly useful. It can nudge us free of our habitual thoughts and provoke us to see the world in ways we've never imagined. On the other hand, it's not useful in the same way that food and water and sleep are. Most people don't get sick if they are deprived of poetry. But I want to bring your attention to a poem that is serving a very practical purpose in addition to its inspirational function. Simon Armitage's poem "In Praise of Air" is on display in an outdoor plaza at Sheffield University. The material it's printed on is designed to literally remove a potent pollutant from the atmosphere. And what does this have to do with you? I suspect that in the coming weeks you will have an extra capacity to generate blessings that are like Armitage's poem: useful in both practical and inspirational ways.

LEO (July 23-Aug. 22): In 1979, psychologist Dorothy Tennov published her book *Love and Limerence: The Experience of Being in Love*. She defined her newly coined word "limerence" as a state of adoration that may generate intense, euphoric, and obsessive feelings for another person. Of all the signs in the zodiac, you Leos are most likely to be visited by this disposition throughout 2019. And you'll be especially prone to it in the coming weeks. Will that be a good thing or a disruptive thing? It all depends on how determined you are to regard it as a blessing, have fun with it, and enjoy it regardless of whether or not your feelings are reciprocated. I advise you to enjoy the hell out of it!

VIRGO (Aug. 23-Sept. 22): Based in Switzerland, Nestle is the largest food company in the world. Yet it pays just $200 per year to the state of Michigan for the right to suck up 400 million gallons of groundwater, which it bottles and sells at a profit. I nominate this vignette to be your cautionary tale in the coming weeks. How? 1. Make damn sure you are being fairly compensated for your offerings. 2. Don't allow huge, impersonal forces to exploit your resources. 3. Be tough and discerning, not lax and naïve, as you negotiate deals.

LIBRA (Sept. 23-Oct. 22): Sixteenth-century Italian artist Daniele da Volterra wasn't very famous for his own painting and sculpture. The work for which we remember him today is the alterations he made to Michelangelo's giant fresco *The Last Judgment*, which spreads across an entire wall in the Sistine Chapel. After Michelangelo died, the Catholic Church hired da Volterra to "fix" the scandalous aspects of the people depicted in the master's work. He painted clothes and leaves over the originals' genitalia and derrieres. In accordance with astrological omens, I propose that we make da Volterra your anti-role model for the coming weeks. *Don't* be like him. *Don't* engage in cover-ups, censorship, or camouflage. Instead, specialize in the opposite: revelations, unmaskings, and expositions.

SCORPIO (Oct. 23-Nov. 21): What is the quality of your access to life's basic necessities? How well do you fulfill your need for good food and drink, effective exercise, deep sleep, thorough relaxation, mental stimulation, soulful intimacy, a sense of meaningfulness, nourishing beauty, and rich feelings? I bring these questions to your attention, Scorpio, because the rest of 2019 will be an excellent time for you to fine-tune and expand your relationships with these fundamental blessings. And now is an excellent time to intensify your efforts.

SAGITTARIUS (Nov. 22-Dec. 21): Michael Jackson's 1982 song "Beat It" climbed to number three on the record-sales charts in Australia. On the other hand, "Weird Al" Yankovic's 1984 parody of Jackson's tune, "Eat It," reached number one on the same charts. Let's use this twist as a metaphor that's a good fit for your life in the coming weeks. According to my analysis of the astrological omens, you may find that a stand-in or substitute or imitation will be more successful than the original. And that will be auspicious!

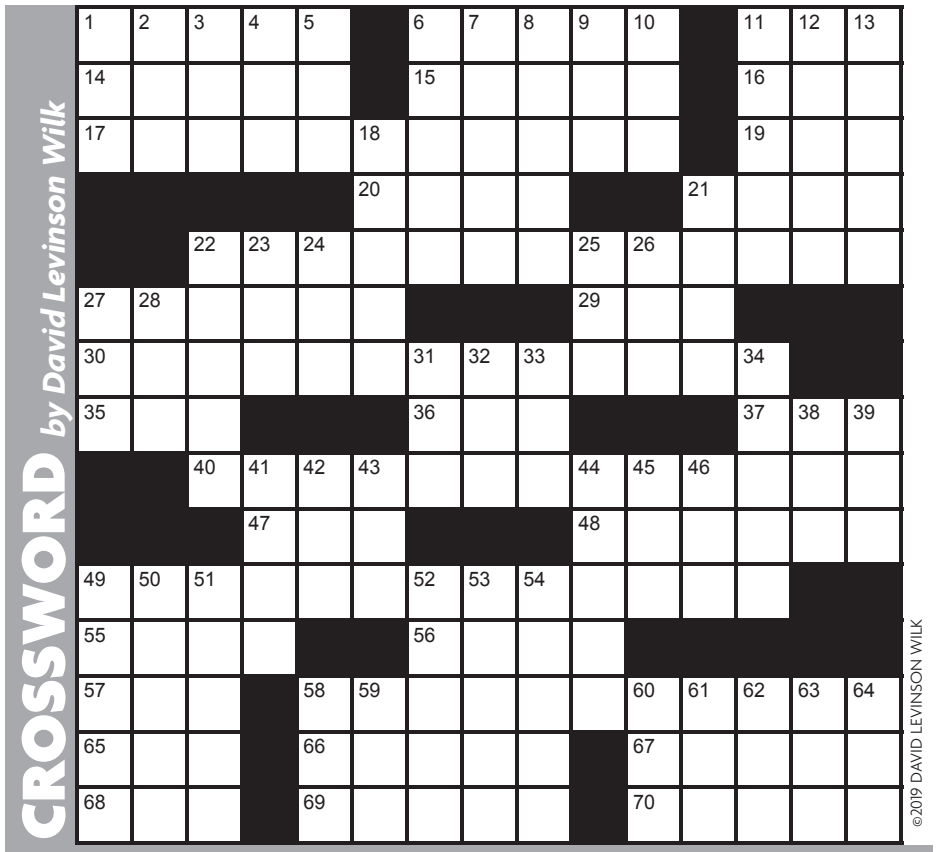
CAPRICORN (Dec. 22-Jan. 19): The Space Needle in Seattle, Washington is 605 feet high and 138 feet wide: a tall and narrow tower. Near the top is a round restaurant that makes one complete rotation every 47 minutes. Although this part of the structure weighs 125 tons, for many years its motion was propelled by a mere 1.5 horsepower motor. I think you will have a comparable power at your disposal in the coming weeks: an ability to cause major movement with a compact output of energy.

AQUARIUS (Jan. 20-Feb. 18): In 1941, the Ford automobile company created a "biological car." Among its components were "bioplastics" composed of soybeans, hemp, flax, wood pulp, and cotton. It weighed a thousand pounds less than a comparable car made of metal. This breakthrough possibility never fully matured, however. It was overshadowed by newly abundant plastics made from petrochemicals. I suspect that you Aquarians are at a phase with a resemblance to the biological car. Your good idea is promising but unripe. I hope you'll spend the coming weeks devoting practical energy to developing it. (P.S. There's a difference between you and your personal equivalent of the biological car: little competition.)

PISCES (Feb. 19-March 20): Cartographers of Old Europe sometimes drew pictures of strange beasts in the uncharted regions of their maps. These were warnings to travelers that such areas might harbor unknown risks, like dangerous animals. One famous map of the Indian Ocean shows an image of a sea monster lurking, as if waiting to prey on sailors traveling through its territory. If I were going to create a map of the frontier you're now headed for, Pisces, I would fill it with mythic beasts of a more benevolent variety, like magic unicorns, good fairies, and wise centaurs. ●

Homework: Choose one area of your life where you're going to stop pretending. Report results to FreeWillAstrology.com.

CROSSWORD by David Levinson Wilk



PM

ANSWERS NEXT WEEK!

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ACROSS

1. Funny face?
6. Secretly included, in a way
11. "Dexter" channel, in TV listings
14. It might pick up a big fish
15. Up
16. Rooster's mate
17. His show replaced Larry King Live on CNN
19. Something a driver may "hang"
20. Thick Japanese noodle
21. 1970s Olympic gymnastics star Korbut
22. "A League of Their Own" director
27. Like favorite books, often
29. Long, long time
30. 2012 World Golf Hall of Fame inductee
35. Suffix with sex
36. "Black gold"
37. Klutz
40. #1 pick in the 1998 NFL draft
47. On the ____ (fleeing)
48. Ocean liners?
49. He sang "Penny Lane" and "Blackbird" during his 2018 Carpool Karaoke with James Corden
55. "My treat!"
56. Not worth ____
57. Chop (off)
58. 1954 Gregory Peck film ... or this puzzle's theme
65. Suffix with cannon or block
66. Wowed by, after "in"
67. Leave home
68. Bloody, say
69. Swiss air lines?
70. Second family of the 1990s

DOWN

1. Mind reader's skill, for short
2. "You couldn't possibly mean me!?"
3. ____ Direction (boy band)
4. Unsettle
5. Org. that investigated Al Capone
6. Adrien of "The Pianist"
7. Ricochet
8. Big name in health plans
9. Tikkanen who won five Stanley Cups
10. Remote area?
11. NFL coach with a perfect 17-0 record in 1972
12. Katherine of "Knocked Up"
13. 7'1" Shaquille
18. "Salvator ____" (Leonardo da Vinci work that sold for $450 million in 2017)
21. "That's terrible!"
22. Prettify
23. ____ sauce (sushi condiment)
24. Setting for part of "Forrest Gump," for short
25. Prot. or Cath.
26. Plea at sea
27. New York engineering sch.
28. Sounds of indifference
31. Dove's sound
32. Kith's partner
33. Word with Dutch or American
34. Clamorous
38. "____-Man and the Wasp" (2018 movie)
39. They're worth half of TDs
41. Vogue rival
42. Sweet potato
43. Starz alternative
44. Start to malfunction
45. Part of NGO
46. When doubled, a 2010s dance craze
49. ____ vortex (winter weather phenomenon)
50. Jumper cable connection
51. Worked from home?
52. Behind bars
53. "... old woman who lived in ____"
54. "HAHAHA!," in texts
58. "I vote no"
59. ____ Jima
60. It may be beaten and eaten
61. "Hollywood Squares" win
62. "____ qué?"
63. Coach Tyronn ___ whose Cleveland Cavaliers went to the NBA finals in 2016, '17 and '18
64. Ewoks or Jawas, in brief

LAST WEEK'S ANSWERS TO LITTLE THINGS

O	P	E	C	■	E	L	O	N	■	S	C	A	THING	
P	E	L	L	■	D	A	T	A	■	A	T	A	R	I
T	A	I	O	■	I	H	O	P	■	G	O	N	G	S
F	R	O	THING	A	T	T	H	E	M	O	U	T	H	■
O	C	T	■	P	H	I	■	■	O	R	T	■	■	■
R	E	S	I	N	■	■	E	D	N	A	■	R	B	I
■	■	■	N	E	E	D	L	E	R	■	P	A	I	N
M	U	C	H	A	D	O	A	B	O	U	T	N	O	THING
I	P	O	D	■	K	I	T	T	E	N	S	■	■	■
D	A	Y	■	D	O	T	E	■	■	A	D	O	B	E
■	■	■	L	I	C	■	■	H	U	P	■	M	A	A
■	I	T	S	T	H	E	L	I	T	T	L	E	THING	S
S	N	E	A	K	■	L	U	L	U	■	I	A	C	T
G	R	E	T	A	■	A	D	D	R	■	O	R	A	L
T	I	THING	S	■	■	L	E	A	N	■	N	A	P	A

su|do|ku

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9	3		1			7		
				8				
	8			7		5	9	
2			7			1		5
	7						6	
8		3			9			4
	4	6		5			2	
				1				
		1			6		5	8

Opportunities

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Apply at: 2370 Buhne Street, Eureka
707-442-5721

K'ima:w Medical Center

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

FACILITIES MANAGER
DEADLINE TO APPLY IS 5 PM, FEBRUARY 20, 2019.

CERTIFIED DATA ENTRY CLERK (MEDICAL CODER)
DEADLINE TO APPLY IS 5 PM, FEBRUARY 20, 2019.

MEDICAL BILLER (PATIENT ACCOUNTS CLERK I)
DEADLINE TO APPLY IS 5 PM, FEBRUARY 22, 2019.

COALITION PROJECT ASSISTANT
DEADLINE TO APPLY IS 5 PM, FEBRUARY 22, 2019.

PHARMACY TECHNICIAN
DEADLINE TO APPLY IS 5 PM, FEBRUARY 22, 2019.

COMMUNITY HEALTH REPRESENTATIVE (CHR)
DEADLINE TO APPLY IS 5 PM, FEBRUARY 25, 2019.

ELDER CASE AIDE
DEADLINE TO APPLY IS 5 PM, FEBRUARY 27, 2019.

SOBER LIVING OPERATIONS CASE MANAGER
DEADLINE TO APPLY IS 5 PM, FEBRUARY 27, 2019.

MEDICAL ASSISTANT

DIRECTOR OF NURSES - DON

SENIOR RADIOLOGICAL TECHNOLOGIST

PHYSICIAN

RN (MEDICATION-ASSISTED TREATMENT)

RN CARE MANAGER

DENTAL HYGIENIST

CERTIFIED ALCOHOL AND DRUG COUNSELOR

ALL POSITIONS ARE OPEN UNTIL FILLED, UNLESS OTHERWISE SPECIFIED

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call **530-625-4261** or email: **hr.kmc@kimaw.org** for a job description and application. Resume and CV are not accepted without a signed application.

EDITOR FOR THE HUMBOLDT HISTORIAN & THE HUMBOLDT COUNTY HISTORICAL SOCIETY

Position Summary: The *Humboldt Historian* is the journal and face of the HCHS and is sent to members four times a year. Members and local historians contribute fascinating stories covering the history of Northern California and the quality of the magazine has consistently improved over the years. The editor is a part time employee of the Board of Directors and the salary is 18 to 20 thousand dollars a year based upon experience.

Editor Duties: Plan each issue of the *Humboldt Historian*. Obtain and create content for the *Historian*, including editing articles and working closely with authors to make submissions ready for publication, which will include obtaining photographs, maps, or other visuals from contributors, as well as photo caption information (names and dates) and author bios for first-time contributors. The editor also creates content for On the Cover, Editor's Note, Announcements, etc., and edits letters and obituaries as needed. The editor keeps an eye out for good articles and cover images.

Additional Editor Duties:

- Solicit stories when needed and publish four issues of the *Humboldt Historian* each year in a timely manner.
- Other additional duties may include providing publicity for the HCHS for monthly library programs and other special events as needed.

Minimum Qualifications:

- Demonstrated experience in editing a periodical and meeting deadlines.
- Demonstrated writing abilities, including solid essay writing skills as well as skill in narrative writing.

Preferred Qualifications:

- Experience in layout.
- Experience in using InDesign so layout is "camera ready" for the printer.
- Working knowledge of Photoshop or other photo-editing software.
- Interest and knowledge of Humboldt County history.

Application Procedure:

- Send an email to hiring@humboldthistory.org with attached PDF of the following
- Resume
- Letter of interest
- Three contacts for references
- Examples of previous writing

Application Deadline: March 6th, 2019
(707) 445-4342 • www.humboldthistory.org

HUMBOLDT AREA FOUNDATION

Humboldt Area Foundation is now accepting applications for a

Chief Executive Officer

This is an exempt, full time position based in Bayside, CA. Compensation is $133k-$155k, depending on qualifications and experience, plus health benefits, retirement benefits, and paid holiday and sick time. Some evening/ weekend work hours and out of town travel expected.

Humboldt Area Foundation (HAF) seeks a CEO to provide engaged and forward-thinking leadership to fulfill HAF's mission and strategic initiatives. The CEO will lead the foundation in its mission to promote and encourage generosity, leadership and inclusion to strengthen our communities.The ideal candidate will collaborate with the Board of Directors and internal leadership team to establish and implement future strategies and plans to ensure successful community engagement and impact. The ideal candidate must be able to recognize community trends, needs and opportunities, envision strategies to address them, while ensuring staff focus and financial resources are aligned and directed to the highest priority work. The CEO will model and embrace an organizational culture built on inclusive values–listening, convening, racial equity, and respect. The CEO will build and foster effective relationships and partnerships within communities and Tribal Nations served by HAF, as well as within regional, state and national philanthropic circles that partner with HAF. The CEO will be a strong, clear, and effective manager providing oversight and support to staff ensuring internal operations are, in essence, best-in-class for a community foundation.

Minimum qualifications for this position include a four-year college degree in business, public/non-profit administration, or other relevant foundation-related field; ten years of progressively responsible work experience required managing and leading a large organization; effective communicator with demonstrated skills including listening, and strong verbal and written communication abilities; experienced and confident public speaker; has background and experience to effectively communicate and work with diverse populations, establish and maintain working relationships with individuals from diverse backgrounds, and a work history demonstrating respect for cross-cultural perspectives and experiences; excels at working collaboratively, and has demonstrated experience and commitment to teamwork and partnerships; proven capability of providing strategic direction while identifying new needs and opportunities; demonstrated capability of identifying funding strategies and means to support an organization's mission and strategic initiatives; excels in overseeing and supporting a talented staff to achieve organizational objectives; strong operational experience demonstrating effective leadership and oversight of internal operations including: service delivery, accounting, finance, HR, and IT; significant financial knowledge and experience, including developing and managing financial plans, forecasts, and budgets; proven ability to align and allocate resources to meet an organization's mission and strategic initiatives within approved budget.

Please visit our website for application procedures and the complete job announcement, including all desired qualifications at www.hafoundation.org/jobs. For more information, contact Deborah Downs at deborahd@hafoundation.org or (707) 442-2993. Please submit your resume and cover letter to **CEOhiring@hafoundation.org**

Deadline to Apply: March 1, 2019

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- **Administrative Specialist $17.43/hr**
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- **Intermittent Mental Health Support Specialist $18/hour**

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Changing Tides Family Services is an equal opportunity employer and does not discriminate on the basis of race, religion, national origin, ancestry, gender, marital status, sexual orientation, age, disability, or on any other inappropriate basis in its processes of recruitment, selection, promotion, or other conditions of employment.

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Responsibilities include the management of a Head Start center base program. Meet Teacher Level on Child Development Permit Matrix, plus 3 units in Admin. (BA/BS Degree in Child Development or a related field prefer). Req. a min of 2 yrs. exp. working w/preschool children in a group setting. F/T M-F 40 hrs./wk. $16.89-$18.62/hr.
First Review Date 03.01.2019

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Assist teacher in implementation & supervision of activities for preschool age children. Min of 6-12 ECE units & 6 months exp. working w/children. (12 units of ECE core classes prefer) P/T M-F 25 hrs./wk. $12.15-$13.40/hr. Open Until Filled.

Submit applications to:
Northcoast Children's Services
1266 9th Street, Arcata, CA 95521
For addtl info & application
please call 707- 822-7206 or visit our website at
www.ncsheadstart.org

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Full Time position, 8 hr. shifts, 5 days a week, Monday–Friday. Current California LVN license and BLS certification required. Work 8-hour shifts in our outpatient Rural Health Clinic.

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The City of Eureka is currently accepting applications for two (2) full-time Treatment Plant Operators to join our team – one for Wastewater Treatment and one for Water Treatment.

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For more information and to apply online, please visit our website at **www.ci.eureka.ca.gov.** EOE

Final filing date is at
5 pm on Monday, March 18th, 2019.

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Final filing date
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Oversees the annual financial audit, including the single audit for federal funds. Works well in a collaborative, team environment

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#1087 SELF GOVERNANCE DIRECTOR
RG/FT KLAM/WEIT $74,838-97,647 2/22/19

#1092 HS SITE SUPERVISOR
RG/FT KLAMATH $21.23-26.13 2/22/19

#1093 HEAD START TEACHER
RG/FT KLAMATH $21.23-27.72 2/22/19

#1095 GUIDANCE TECHNICIAN I
RG/FT EUREKA $16.91/20.72/25.12 2/22/19

#1096 CHILD CARE TEACHER AIDE
RG/FT KLAMATH $13.68/15.22 2/22/19

#1098 SECURITY CONTROL OPERATOR
RG/FT WEITCHPEC $13.68-16.82 2/22/19

#1099 EDUCATION ADMIN ASSISTANT
RG/FT KLAMATH $16.91-22.06 2/22/19

#1100 PLANNER I/II
RG/FT KLAMATH $13.68/16.91 2/22/19

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Contact Melissa
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melissa@northcoastjournal.com

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Position open until filled.

DIRECTOR OF HARBOR OPERATIONS The Humboldt Bay Harbor, Recreation and Conservation District is seeking qualified applicants for the Director of Harbor Operations position. The Director will perform management of the Harbor District's commercial properties and safety functions related to the Humboldt Bay Harbor and Port Operations.

To be considered, resume and letter of interest must be received by February 25, 2019 www.humboldtbay.org/jobs

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- 3 weeks of PTO + paid holidays
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For more info, contact:
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PO Box 769, Redway, CA 95560
(707) 923-4313 x 327
Email: btaylor@rrhc.org
Website: www.rrhc.org

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UIHS

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This week's featured jobs:

Registered Dental Hygienist PT – Arcata

We are looking to hire a Registered Dental Hygienist for our Arcata location one-day per week. This is an opportunity to join our healthcare team in an established, state of the art facility. Enjoyable working atmosphere, competitive salary, wonderful patient population and an enthusiastic team of dentists who are dedicated to quality care.

Health Promotion and Education Grant Support Positions FT and PT – Arcata

Assist American Indian communities in the fight against Opioids by working with grant administration. You will Host workshops for elders and other community members; Enhance and implement community support services; Begin process to implement a new culturally appropriate, trauma-informed, harm reduction policy, system and environmental change within clinic and/or tribal government operations; and Complete progress reports for project evaluation. Specify the full or part-time (20 hours) position.

Community Health and Wellness Administrative Support Positions FT and PT – Arcata

Assist American Indian communities by supporting the administration of UIHS grants. Responsibilities include maintain and file paper and electronic grant documentation, assist with planning and implementation of community meetings, activities, and events, assist with ordering meetings supplies, outreach supplies, incentives, food, etc., and assist with reserving venues for community meetings, activities, and events. Specify the full or part-time (20 hours) position.

Medical Assistant FT – Arcata and Klamath

Assist in the examination and treatment of clients under the direction of the Physician or Primary Care Provider. Duties include obtaining vital signs, recording in client record and HIPAA compliance. See full UIHS job description for required education, experience, and certification.

Visit our website **unitedindianhealthservices.org/jobs** to see all of our opportunities and print out an application. Email application, cover letter and resume to **UIHS-Recruiting@crihb.org**

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Successful candidates may be hired at either the Maintenance Worker (entry level) or Utility Worker (journey level) depending on experience and certifications. Interested?

For more information and to apply go to **www.ci.eureka.ca.gov.** EOE

Application deadline
5 pm on Monday, March, 4th, 2019.

CITY of EUREKA

PARKING ENFORCEMENT OFFICER

(TEMPORARY PART-TIME)
$12.00-$14.587 HOURLY

This position enforces City and State parking laws and ordinances within Eureka city limits. Patrols assigned areas, issues warnings and citations, and provides information to the public.

All applicants must be able to successfully pass City of Eureka background check processes which include reference checks and criminal history checks.

For more information regarding qualifications and to apply on line go to **www.ci.eureka.ca.gov.** EOE

We will be accepting applications until
5 pm on Monday, March 4th, 2019.

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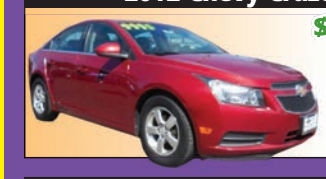
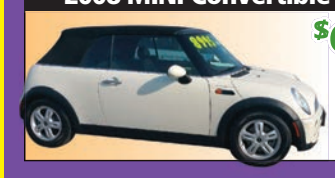

$6,995
125,418 miles
#103512

2008 MINI Convertible Cooper

$6,995
110,801 miles
#TG19431

2004 Chevrolet Tahoe LT

$7,995
Z71 Off-Road Pkg
4WD
175,555 miles
#313567

2017 Chevrolet Sonic LT

$11,995
44,429 miles
#133739

2016 Hyundai Elantra

$11,995
44,675 miles
#739958

2017 Hyundai Veloster

$12,995
40,775 miles
#HU309907

2015 Toyota Corolla S Plus

$14,995
29,453 miles
#290260

2016 Dodge Journey SXT Sport

$14,995
V6
AWD
47,092 miles
#189515

2017 Toyota Camry SE

$15,995
40,404 miles
#301586

2017 Jeep Renegade Trailhawk Sport

$16,995
4WD
42,390 miles
#E62895

2010 Toyota Tundra Double Cab

$16,995
2WD
113,144 miles
#097966

2017 Dodge Grand Caravan GT

$17,995
45,726 miles
#672814

2015 Cadillac ATS

$20,995
11,620 miles
#133595

2016 Honda Accord EX-L

$21,995
12,534 miles
#034623

2019 Chevrolet Colorado Ext Cab Work Truck

$22,995
Manual 2WD
5,789 miles
#104080

2016 Nissan Frontier Crew Cab

$22,995
V6
4WD
27,193 miles
#790365

2018 Subaru Crosstrek 2.0i Premium

$23,995
AWD
24,890 miles
#206163

2014 Jeep Grand Cherokee Overland

$25,995
21,108 miles
#493258

2017 Ford Expedition EL XLT Sport Utility

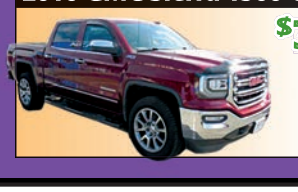
$27,995
50,679 miles
#A14552

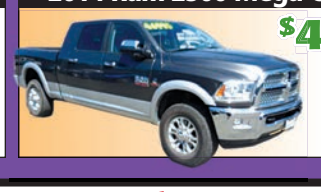
2013 GMC Sierra 2500 HD Extended Cab SLE

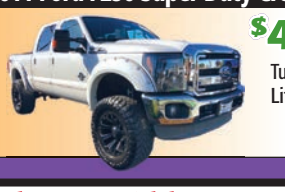
$33,995
V8, 6.0L, 4WD,
Z71 Off-Road Pkg
34,853 miles
#302804

2016 Toyota Tundra CrewMax Limited

$33,995
4WD
46,960 miles
#546670

2016 GMC Sierra 1500 Crew Cab SLT

$36,995
4WD
Z71 Off-Road Pkg
26,050 miles
#302306

2014 Ram 2500 Mega Cab Laramie

$44,995
Turbo Diesel
4WD
58,054 miles
#271436

2011 Ford F250 Super Duty Crew Cab Lariat

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Lift. FX4 Off-Road.
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#B88792

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#994518

$12,495
2017 Ford Focus
38,535 miles
#267666

$13,499
2016 Hyundai Elantra
18,827 miles
#776035

$14,395
2015 Hyundai Sonata
20,595 miles
#250909

$15,269
2015 Ford C-Max Energi
31,332 miles, #107400

$15,995
2015 Chevy Volt
28,717 miles
#126816

$15,995
2016 Honda Civic
38,079 miles
#20542t4

$15,995
2017 Chevy Cruze
24,712 miles
#610731

$16,599
2014 Toyota Prius Plug-In
48,223 miles, #060307

$17,995
2017 Dodge Grand Caravan
41,187 miles, #671219

$19,995
2016 Ford Explorer
79,522 miles
#B44139

$19,995
2017 Toyota Rav4
49,520 miles
#613659

$20,995
2015 Hyundai Sonata
17,195 miles, #188959

$20,995
2016 Hyundai Sonata
25,600 miles, #286621

$22,995
2017 Subaru Crosstrek
27,461 miles
#270253

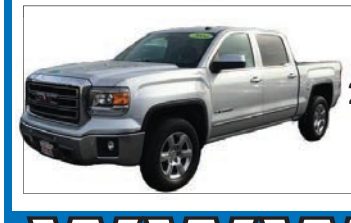
$22,995
2017 GMC Savana Cargo Van
19,118 miles, #903795

$22,995
2017 GMC Sierra 1500
20,438 miles
#901735

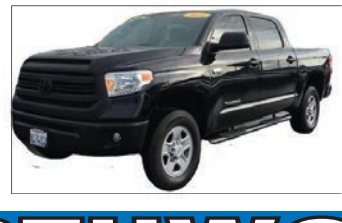
$22,995
2018 Chevy Equinox
21,295 miles
#188533

$26,895
2008 Chevy Corvette
18,108 miles
#115274

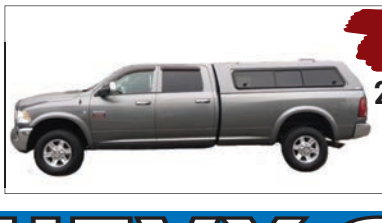
$31,995
2016 Ram 1500
27,040 miles
#352498



$33,995
2014 GMC Sierra 1500
47,667 miles
#468057



$37,995
2016 Toyota Tundra 4WD Truck
9,647 miles, #582453



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2012 Ram 2500
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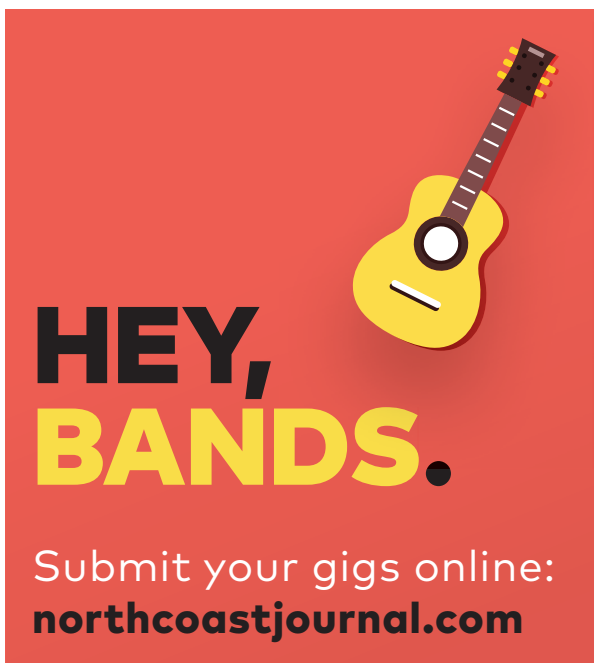

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707.601.1331

Tyla Miller
Realtor
BRE #01919487
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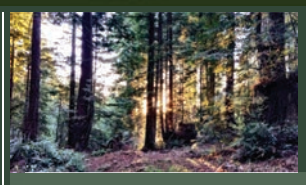
Hailey Rohan
Realtor
BRE #02044086
530.784.3581

118 PANTHER ROAD, WILLOW CREEK - $450,000
Separately metered 5-plex on almost 2 acres with great rental history. Room for future development, contact Humboldt County planning to explore possibilities. Some apartments have been recently remodeled.



ARCATA – LAND/PROPERTY $699,000
Huge development potential on ±7.2 Ac near HSU and Arcata Community Forest w/ access to comm. services.

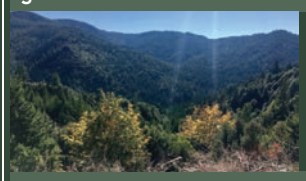
NEW LISTING!

BERRY SUMMIT – LAND/PROPERTY - $535,000
±21 Acres with interim county and temporary state permit for 13,550 sq ft of outdoor cultivation space!

REDUCED PRICE!

ALDERPOINT – LAND/PROPERTY - $749,000
±6 Acre turn key farm w/ State & County Interim permit for 20k OD and 4k ML! Complete with PG&E, community water, pots & greenhouses!

ELK PRAIRIE VINEYARD - $1,350,000
Established ±20 acre vineyard w/ 3 homes, winery, cellar, tasting room, mature grapes & olive trees.



BERRY SUMMIT – LAND/PROPERTY - $215,000
±40 Acre parcel w/ new roads, 4 flats, 10,000 gallons of water storage, well access, privacy, and beautiful views.

KNEELAND – LAND/PROPERTY - $699,000
±40 Acres featuring interim permit for 7,500 OD & 2,500 ML, meadows, outbuildings & more!

WILLOW CREEK – LAND/PROPERTY - $325,000
±80 Acres w/year-round creek, flat, mountain views. Permit app for 17,500 sf OD and 2500 sf ML.

FERNDALE – LAND/PROPERTY - $1,250,000
±80 Acres w/ State approved and County stamped permit for 22,000 sq ft ML and 6,400 sq ft OD cultivation space!

FERNDALE – LAND/PROPERTY - $1,450,000
±480 Undeveloped acres featuring ocean views, springs, creek, open meadows, flats, and easy access.

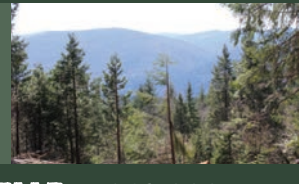
2121 F STREET, EUREKA - $364,900
3Bd/2bath home featuring a hardwood floors, fireplace, den, breakfast bar, and sauna.

SHOWERS PASS – LAND/PROPERTY - $479,000
±40 Acre remote parcel with interim permit for 9,606 of mixed light cultivation, cabin, green houses, and more!

KETTENPOM – LAND/PROPERTY - $499,000
±45 acre ridgetop w/ stunning views, custom home, good well water and great Ag potential.

FERNDALE – LAND/PROPERTY - $385,000
±110 Acres close to Ferndale featuring spring, open meadows, developed flats, & small cabin.

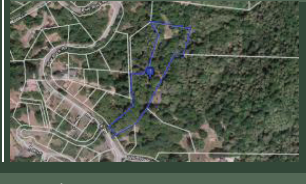
1293 MARSHALL LANE, HOOPA - $259,000
Flat, usable ±.65 parcel, fully fenced, w/ Mill Creek frontage, fruit trees, 2 cabins w/ bath & electric. OWC.!



WEITCHPEC – LAND/PROPERTY - $465,000
±200 Acres w/ water, flats, good roads, cabin, shop. 250,000 BF merchantable timber.

NEW LISTING!

WILLOW CREEK – LAND/PROPERTY - $1,175,000
±140 Acre property with temporary State and interim County permit for 28,900 sq. ft. of outdoor cultivation space!



SKYLINE DRIVE, GARBERVILLE - $149,000
Very nice parcel in the desirable Benbow subdivision above the golf course. Community water at building site and power very close as well.

humboldtlandman.com

Meet Our Neighbors:

Transition Partnership Program

The Transition Partnership Program or TPP is a countywide vocational program through the Humboldt County Office of Education, the Department of Rehabilitation, and Humboldt County high schools. The program was set up to help high school students with barriers to employment prepare for the work force.

"The TPP was set up to let students explore the world of work," explains TPP vocational instructor, Janna Cox. "Students work with numerous local businesses for about 100 hours. It allows them to get a feel of the working world. The program pays wages, so it is a win-win for everyone involved. In addition, TPP also helps with college admissions and is active in taking students on job visitations and local college tours."

For more information on TPP, please feel free to reach out to HCOE Program Manager Tanya Trump at ttrump@hcoe.org or check out their page on the Humboldt County Office of Education's website, hcoe.org/tpp-workability

Humboldt County Office of Education

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